



Chemotherapy for Neoplastic Diseases

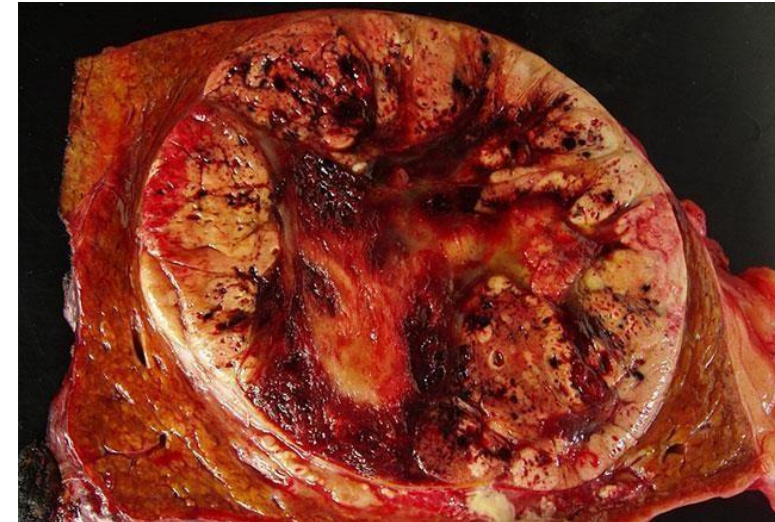
Pharmacology and Toxicology
General Pharmacology
Second Year Medical Students
Tareq Saleh, MD, PhD
Faculty of Medicine
The Hashemite University

Cancer is uncontrolled proliferation of cells due to accumulation of mutations
Cancer pathology is genetic. However few of cancers are inherited from parents
Mutations result spontaneously or from environment(e.g. smoking)

History of Cancer

- The earliest reference to cancer goes back to ancient Egypt (3000 BC). Those cases of cancer were treated by cauterization.
- The word “cancer” (which means crab) was described by Hippocrates (460-370 BC) because of the invasive projections of cancer in the adjacent tissue.
- Later, the Greek root “oncos” (which means swelling) was used to describe tumors.
- Giovanni Morgagni identified and described cancers by performing autopsies (1761); John Hunter (1728-1793) proposed surgical removal of tumors.

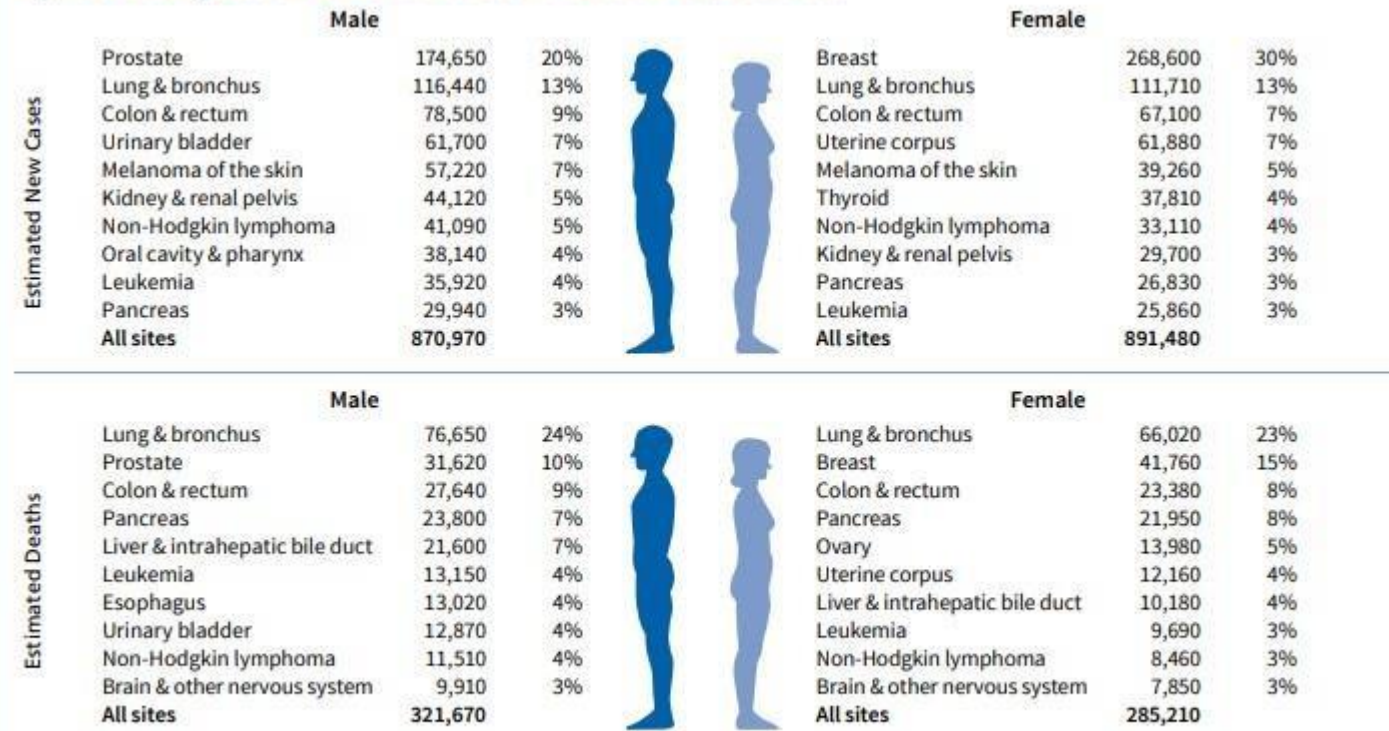
American Cancer Association



*Liver Cancer, Image courtesy of Arief Suriawinata, MD,
Department of Pathology, Dartmouth Medical School*

Cancer Statistics

Figure 3. Leading Sites of New Cancer Cases and Deaths – 2019 Estimates



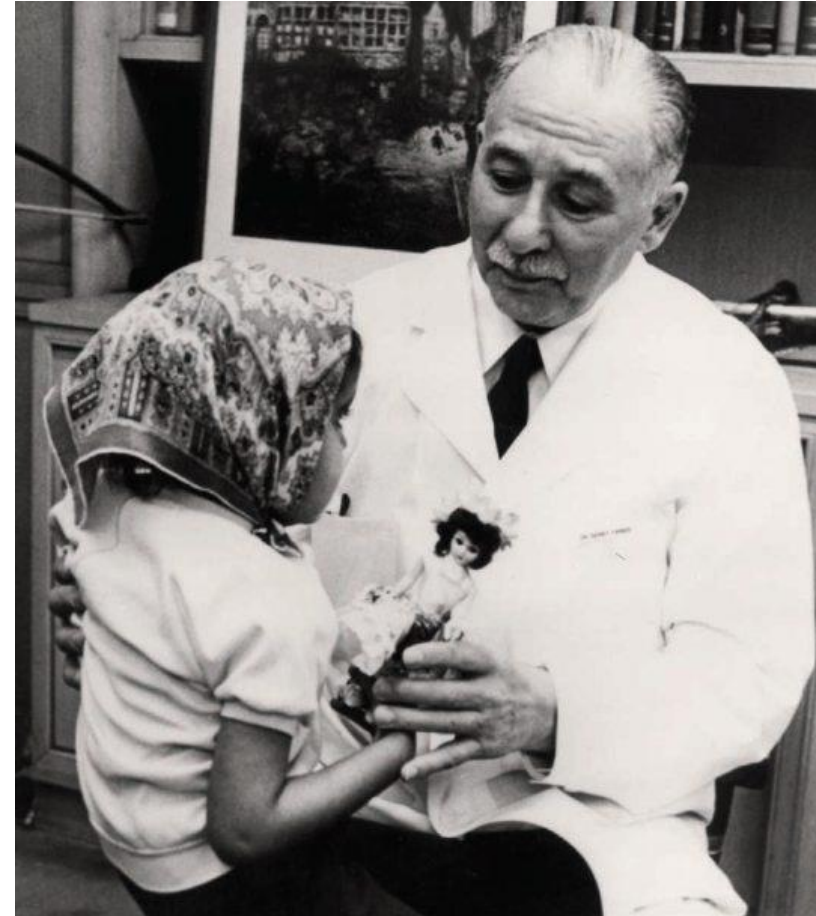
Estimates are rounded to the nearest 10, and cases exclude basal cell and squamous cell skin cancers and in situ carcinoma except urinary bladder. Estimates do not include Puerto Rico or other US territories. Ranking is based on modeled projections and may differ from the most recent observed data.

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- Cancer is the second leading cause of death in the US.
- >25% of the US population will be diagnosed with a type of cancer during their lifetime.
- 1.7 million new cancer cases are expected to be diagnosed in 2019

History of Chemotherapy

- During WWII, *nitrogen mustard* was developed, and found to work against *lymphoma* (studies by Goodman and Gilman).
- Sidney Farber studied *aminopterin*, which interferes with folic acid metabolism necessary for DNA replication.
- After Farber, the era of chemotherapy has begun.
- About a quarter of cancer patients will be cured solely by *surgery*.
- Most cancer patients will receive systemic *chemotherapy* and only 10% will be cured or have a prolonged remission.



Sidney Farber, Boston, MA

History of Chemotherapy

SOME OBSERVATIONS ON THE EFFECT OF FOLIC ACID ANTAGONISTS ON ACUTE LEUKEMIA AND OTHER FORMS OF INCURABLE CANCER

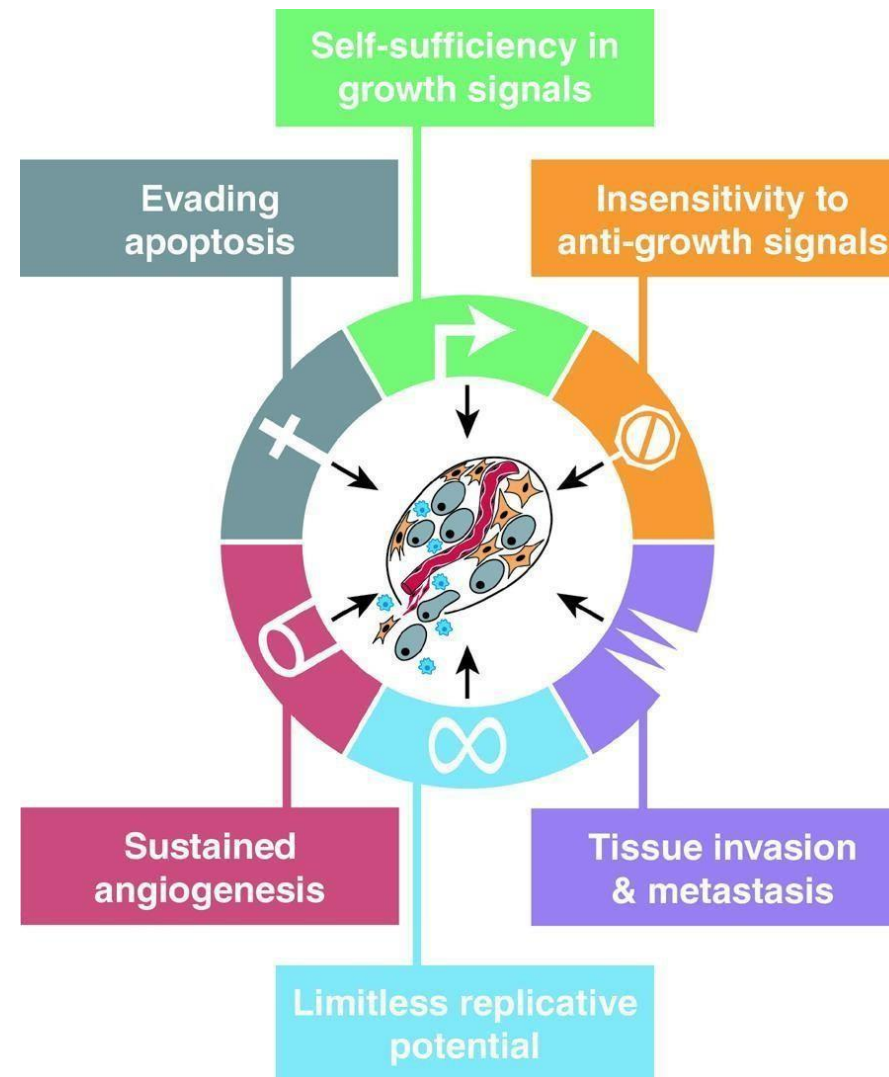
By SIDNEY FARBER, M.D.

THE PRODUCTION of temporary remissions in the course of acute leukemia in children by the administration of the compound, 4-aminopteroylglutamic acid (aminopterin)^{1,2}—a biologic antagonist to folic acid*—has raised a number of theoretic and practical questions. Confirmation of this finding has been reported from several sources³; temporary remissions equally impressive have been obtained in adults with acute leukemia by Dameshek.⁴

It is the purpose of this paper to summarize briefly the status of our observations⁵ on the action of folic acid antagonists on acute leukemia and other incurable forms of cancer for the interest of those now working with these agents, to state the nature of some of the problems which have arisen, and to indicate some directions of further research.

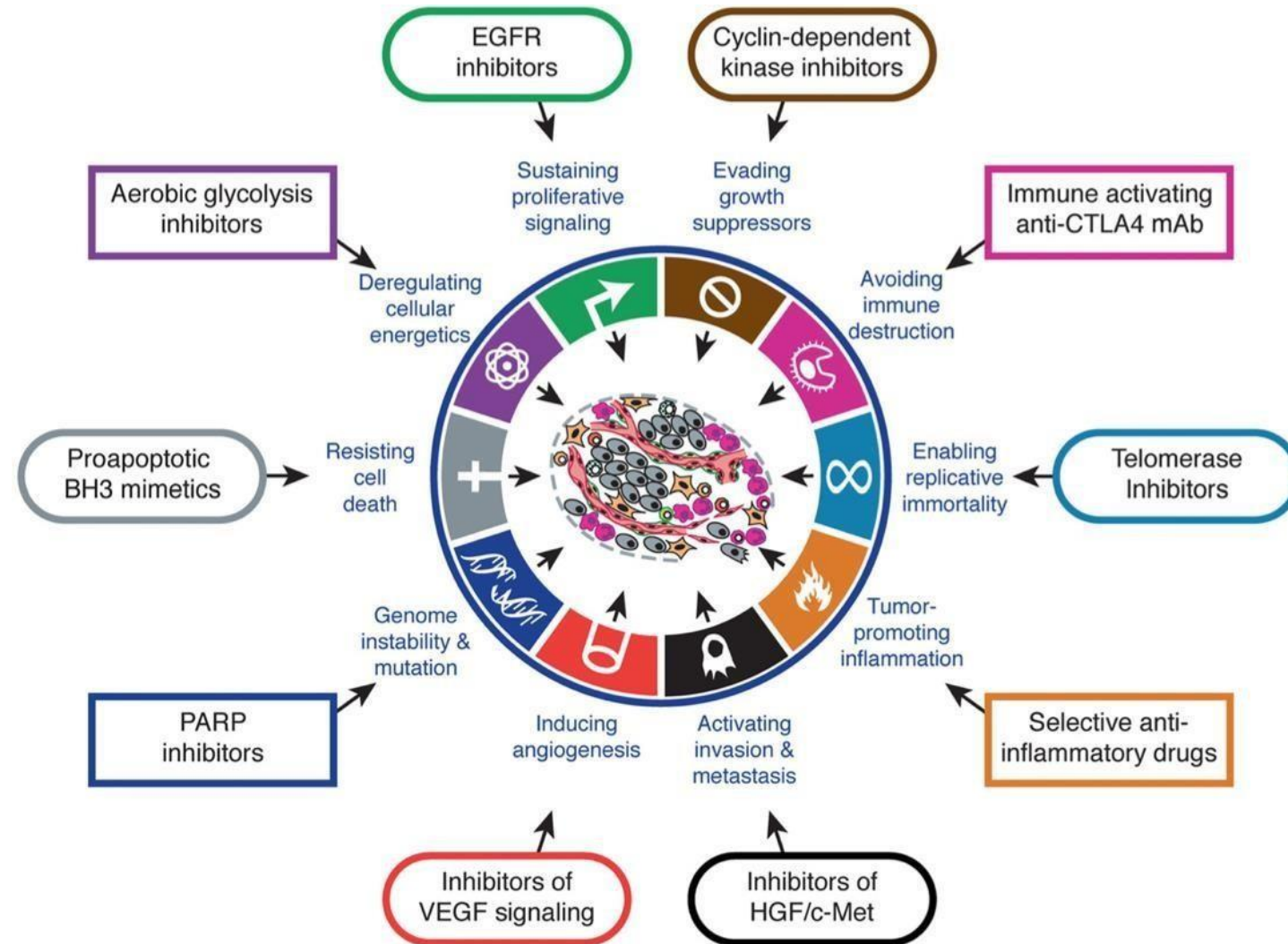
The demonstration by Lewisohn and his colleagues⁶ of the occurrence of complete regression in about one-third of single spontaneous breast cancers in three different strains of mice treated with fermentation L. casei factor, later shown to be pteroyltriglutamic acid (Hutchings et al.⁶) and the subsequent synthesis of this compound by SubbaRow and his co-workers⁷ led to our study of the effect of pteroyltriglutamic acid on incurable cancer in man. Among the patients so treated were 11 children with acute leukemia. The occurrence of what we called an "acceleration phenomenon" in the viscera and bone marrow of these patients and an experience with folic acid deficiency experimentally produced in the rat suggested that it would be worth while to ascertain if this acceleration phenomenon might be employed to advantage in the treatment of acute leukemia in children, either by the use of radiation or nitrogen mustard therapy after pretreatment with folic acid or conjugates of folic acid, or by the immediate use of folic acid inhibitors or

Hallmarks of Cancer



Hanahan and Weinberg, 2000

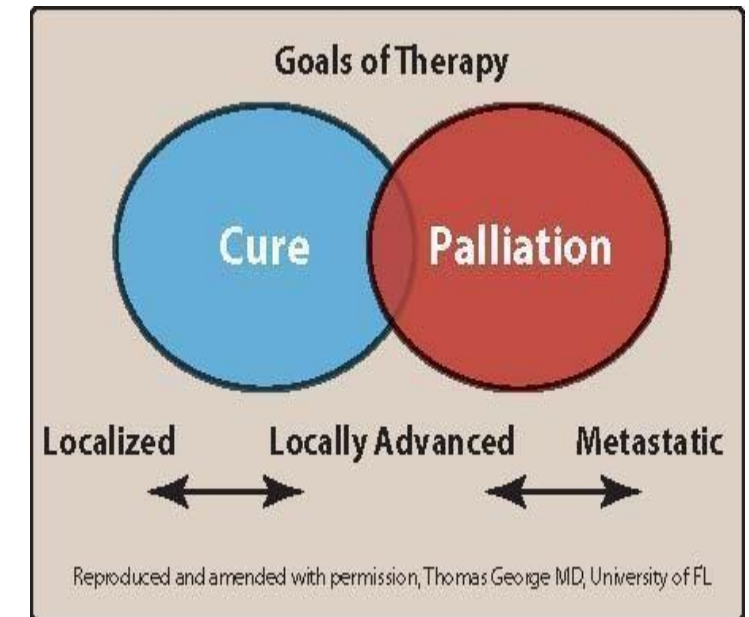
Hallmarks of Cancer



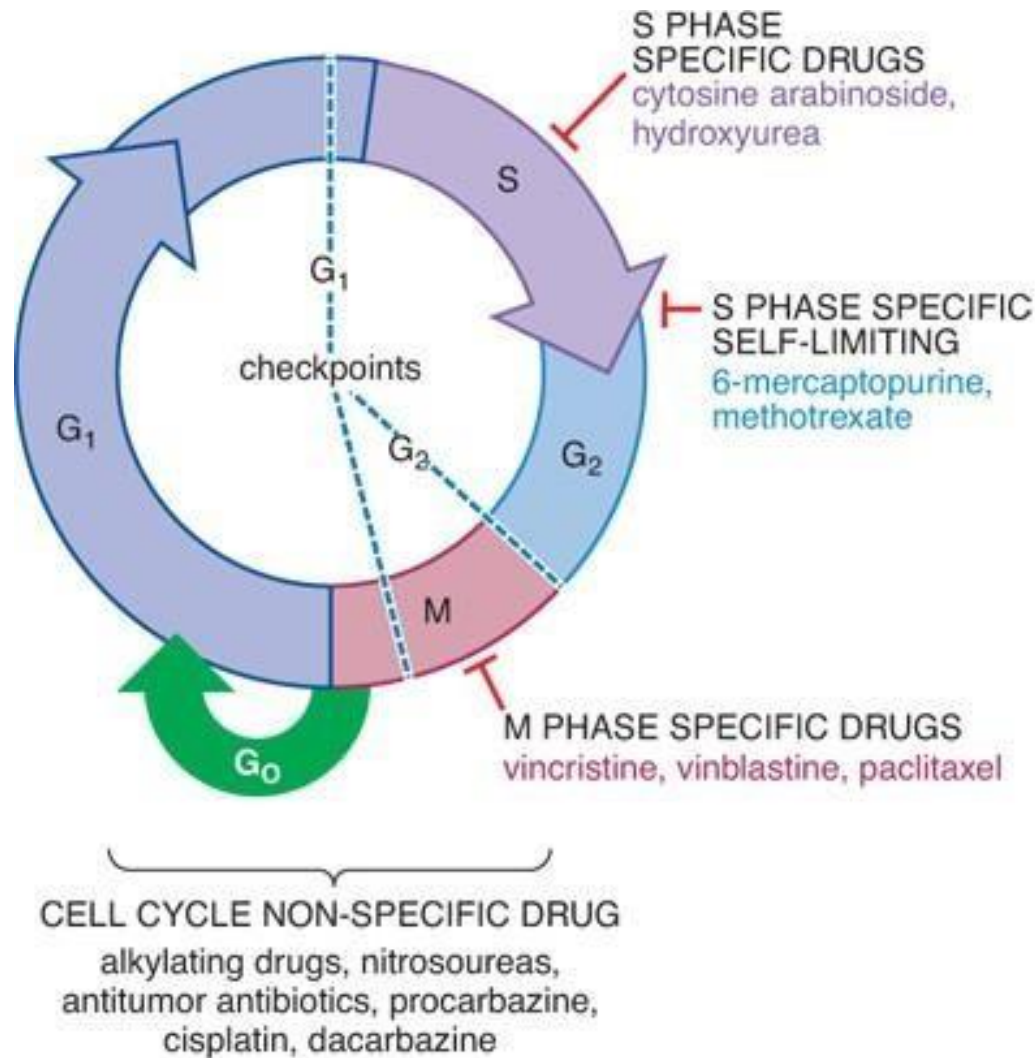
Hanahan and Weinberg, 2011

Principles of Antineoplastic Chemotherapy

- **Main goal:** to induce cell death/growth arrest (apoptosis, necroptosis, senescence, cytotoxic autophagy, mitotic catastrophe....) in tumor cells.
 - Cure, long-term, disease-free survival
 - Debulking, treating cancer as a chronic Disease → e.g. **locally invasive prostate cancer in an elderly who can't risk surgery**
 - Palliative treatment to decrease pain and loss of function only → **metastatic cancer, pancreatic cancer which has very poor prognosis**
- Selective toxicity? **Very poor!**
- Recent therapies aim at utilizing the immune system in eliminating tumor cells.

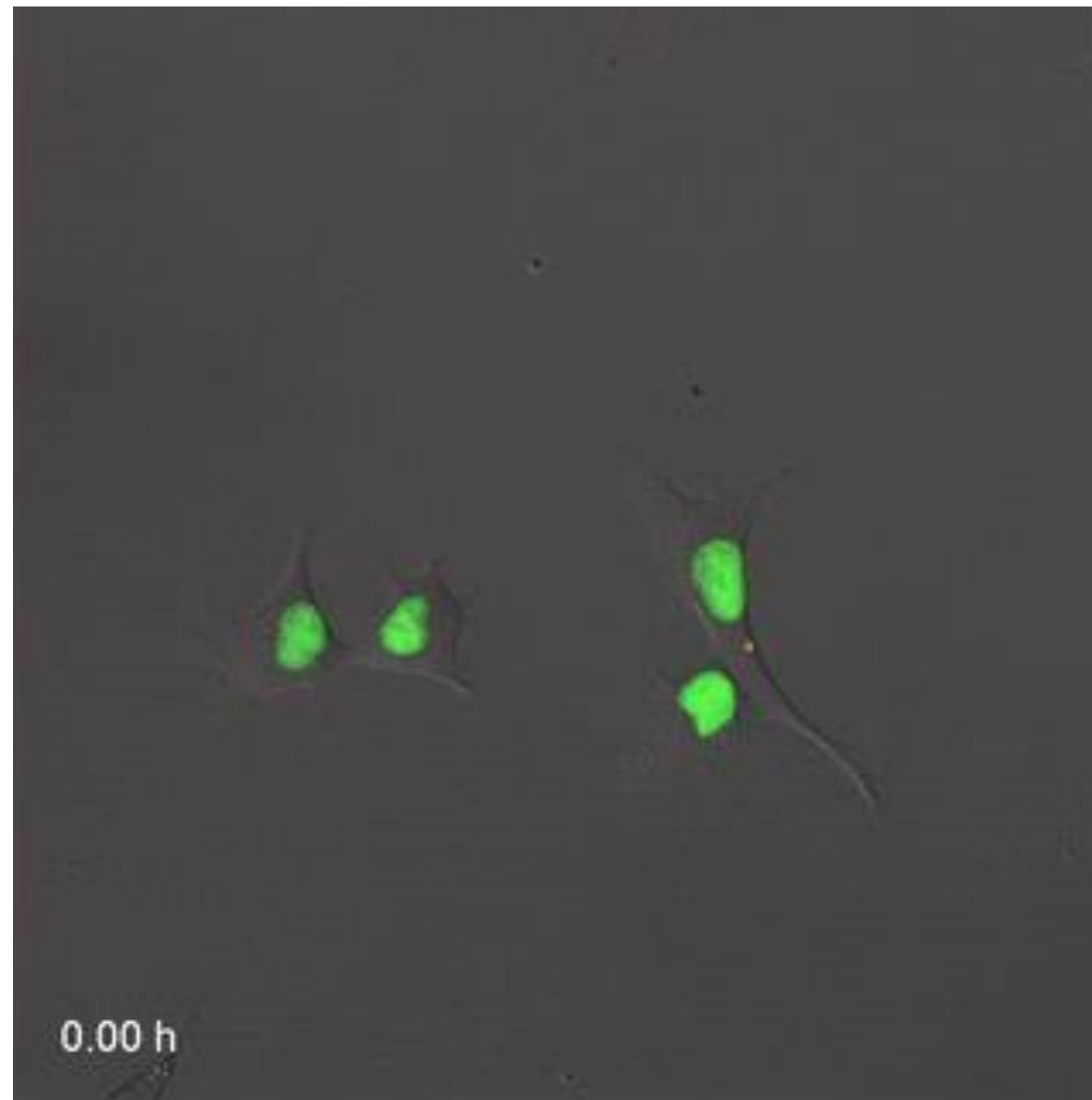


Understanding the cell cycle



Source: L. L. Brunton, B. A. Chabner, B. C. Knollmann: Goodman & Gilman's: The Pharmacological Basis of Therapeutics, 12ed, www.accesspharmacy.com
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- Neoplasms with high percentage of proliferation (called **liquid tumors like leukemia**) are, most susceptible to cycle-specific therapy
- Slow growing tumors (called **solid tumors**) e.g., CRC, NSCLC are less responsive to cycle-specific drugs



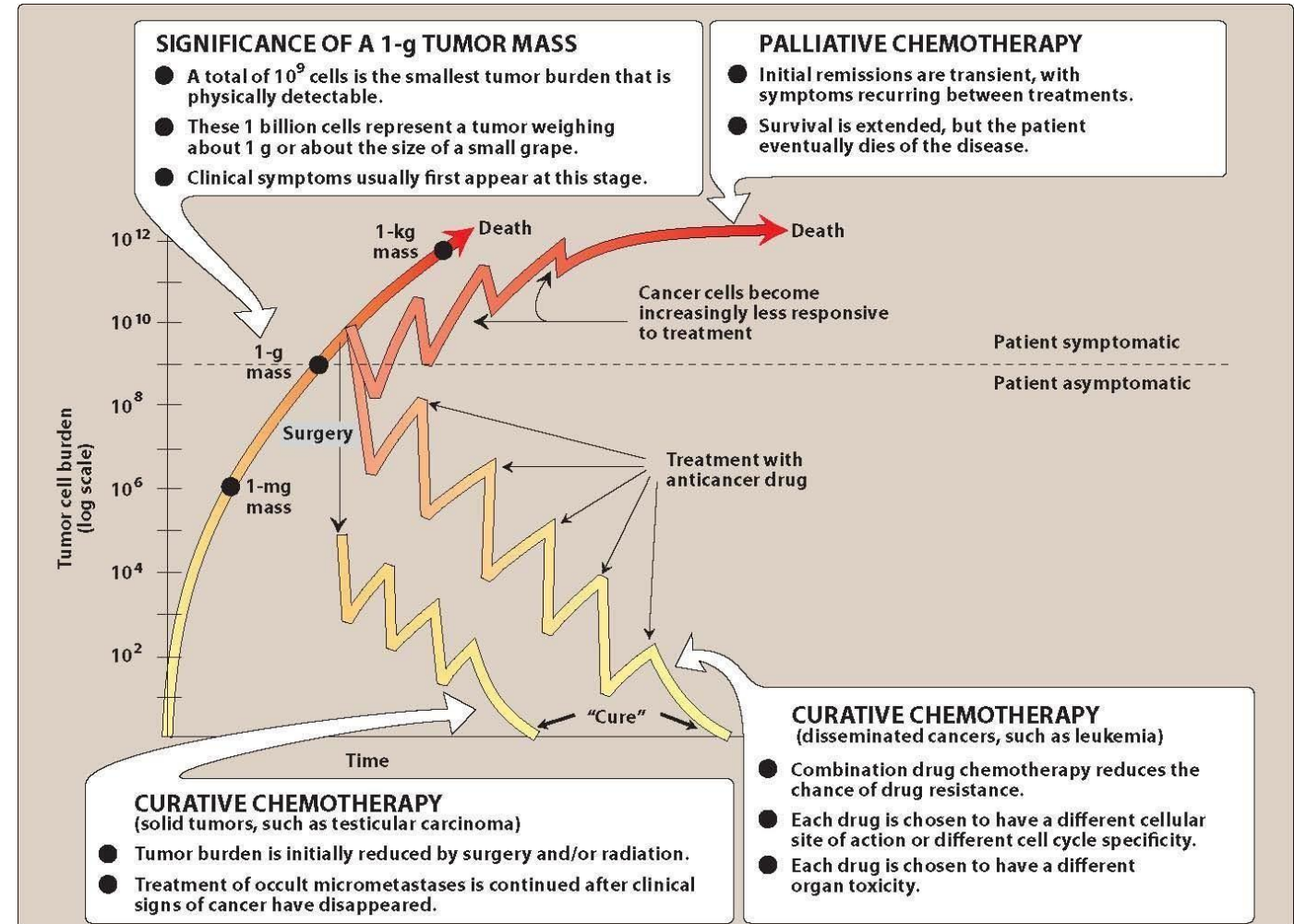
By Erin Rod - Own work, CC BY-SA 4.0, <https://commons.wikimedia.org/w/index.php?curid=50866822>

Log-kill phenomenon

- Destruction of cancer cells by chemotherapeutic agents follows **first-order kinetics** *OR* **log kill phenomenon**.

A given dose of drug destroys a constant fraction of cells

Chemotherapy is usually given as cycles, not doses for few days.



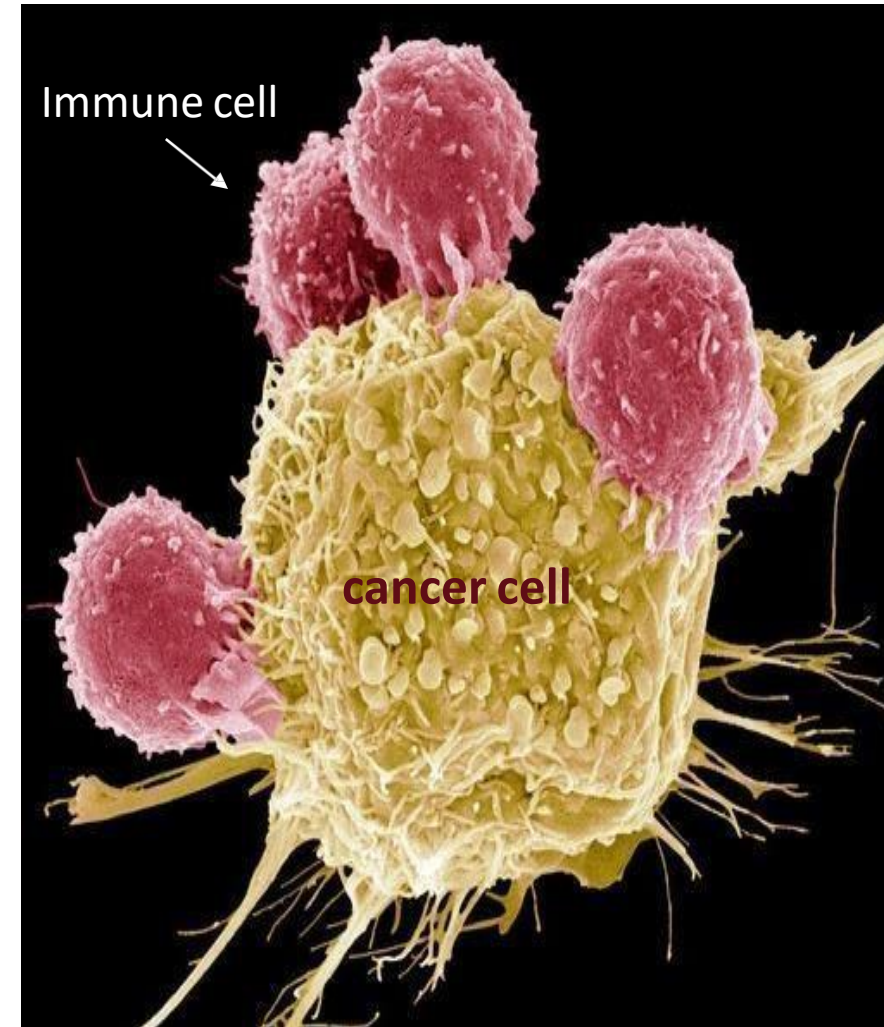
Log-kill phenomenon

- Example: Diagnosis of leukemia is made at 10^9 leukemic cells
- If treatment results in 99.999% killing \rightarrow 0.001% Remain. This is equal to **log kill 5**
- State of remission (asymptomatic)
- Comparison with antibiotics?
- In cancer a log kill 5 results in remission, but in bacterial infection a log kill 5 results in cure because the immune system can handle the few bacteria remaining (actually 3 log kill reduction classifies an antibiotic as bactericidal!)

Cell Fraction Killed	Surviving Cell Fraction	Log Surviving Cell Fraction	Log Kill
.9	.1	-1	1
.99	.01	-2	2
.999	.001	-3	3
.99999999	.00000001	-9	9
99	1		

Chemotherapy: anticancer vs. antimicrobial

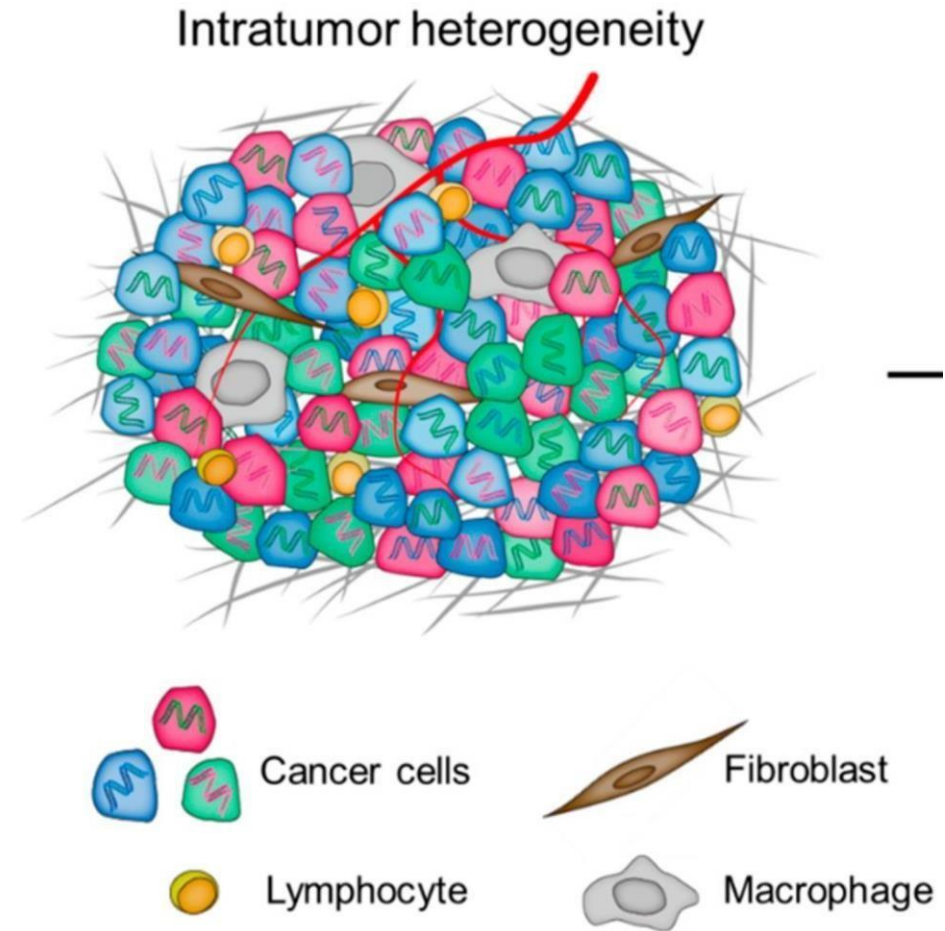
- **Selective Toxicity**
 - Biological processes (DNA synthesis, protein synthesis, metabolism, etc) in bacteria, fungi, parasites, etc are essentially different from host cells.
 - Cancer cells are transformed host cells and their metabolic processes are similar (only altered).
- **Immune system**
 - The host immune system targets and eliminates invading, foreign microorganisms.
- **Diagnostic Complexity**
 - Cancer early detection and diagnosis is challenging.



Treatment Protocols

Combination Chemotherapy

- Chemotherapies with different mechanisms of action are usually combined
- More successful than monotherapy
 - ❖ Additive/synergistic effects – maximal cell killing
 - ❖ Covers broader range of cell lines (heterogeneous tumor population)
 - ❖ Delay resistance
 - ❖ Non-overlapping host toxicities (different adverse effects)



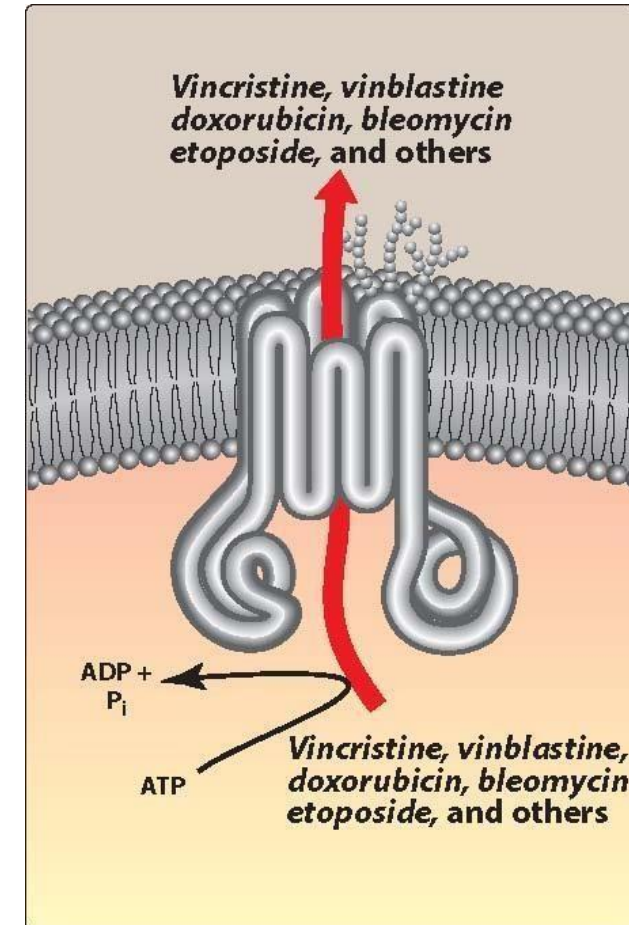
Resistance Against Antineoplastic Chemotherapy

- **Inherent resistance**

- ☐ e.g., melanoma cells and **liver cancer (hepatocellular carcinoma)**, because of their hepatic origin they can **metabolize chemotherapy**

- **Acquired resistance**

- ☐ Several mechanisms:
 1. P-glycoprotein efflux pump (multi-drug)
 2. Specific to antineoplastic agent
- ☐ After prolonged administration of suboptimal doses

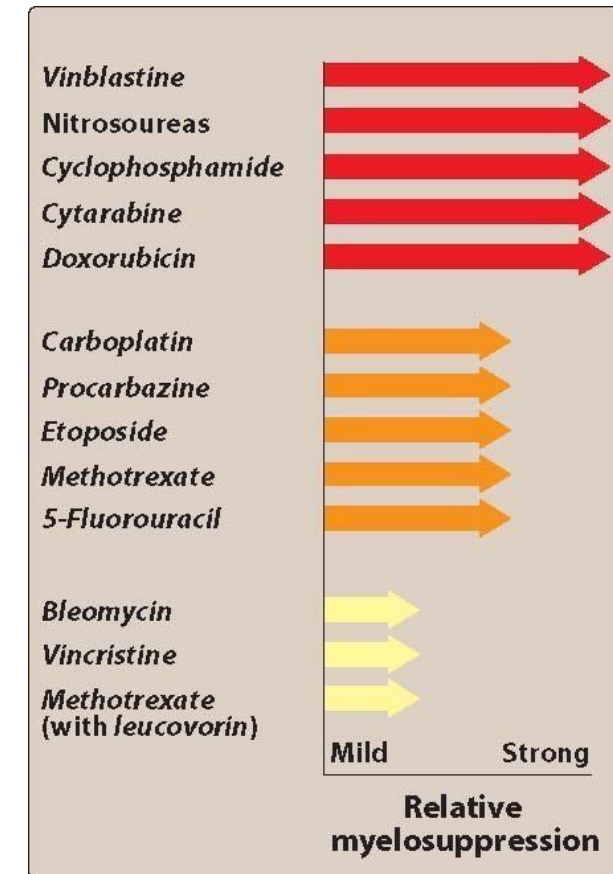


How is Antineoplastic Given?

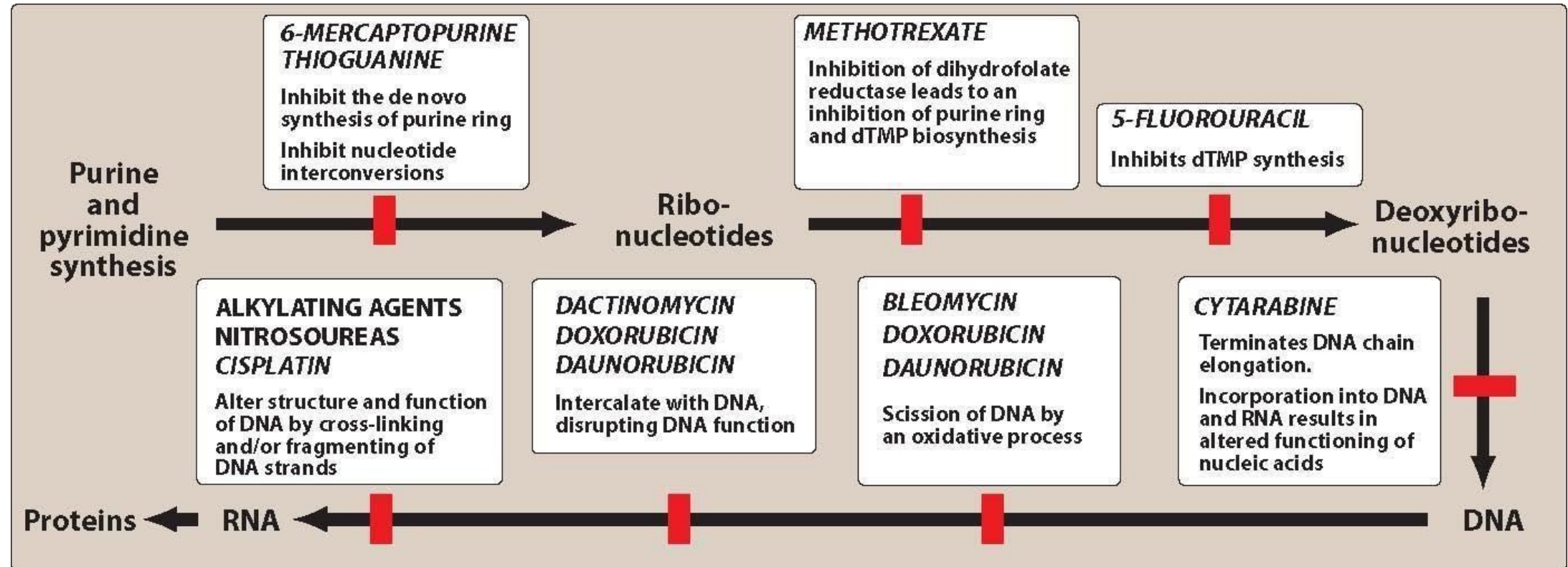
- **Adjuvant chemotherapy:**
 - Chemotherapy given after surgery or irradiation to destroy micrometastasis & prevent development of secondary neoplasm.
- **Neo-adjuvant chemotherapy:**
 - Chemotherapy given before surgery or radiotherapy in order to diminish the volume of large primary neoplasm

Adverse Effects of Antineoplastic Chemotherapy

- Rapidly proliferating non-tumor cells are most susceptible:
 - ❑ Buccal mucosal cells, bone marrow, gastrointestinal mucosa, hair follicles...)
- **Examples:**
 - Chemotherapy-Induced Nausea/Vomiting
 - Alopecia صلع
 - Bone Marrow Suppression
 - Chemotherapy-Induced Peripheral Neuropathy
 - Carcinogenesis
 - Hypogonadism
 - Teratogenicity
 - Organ-specific Adverse Effects



Most Common Conventional Chemotherapy

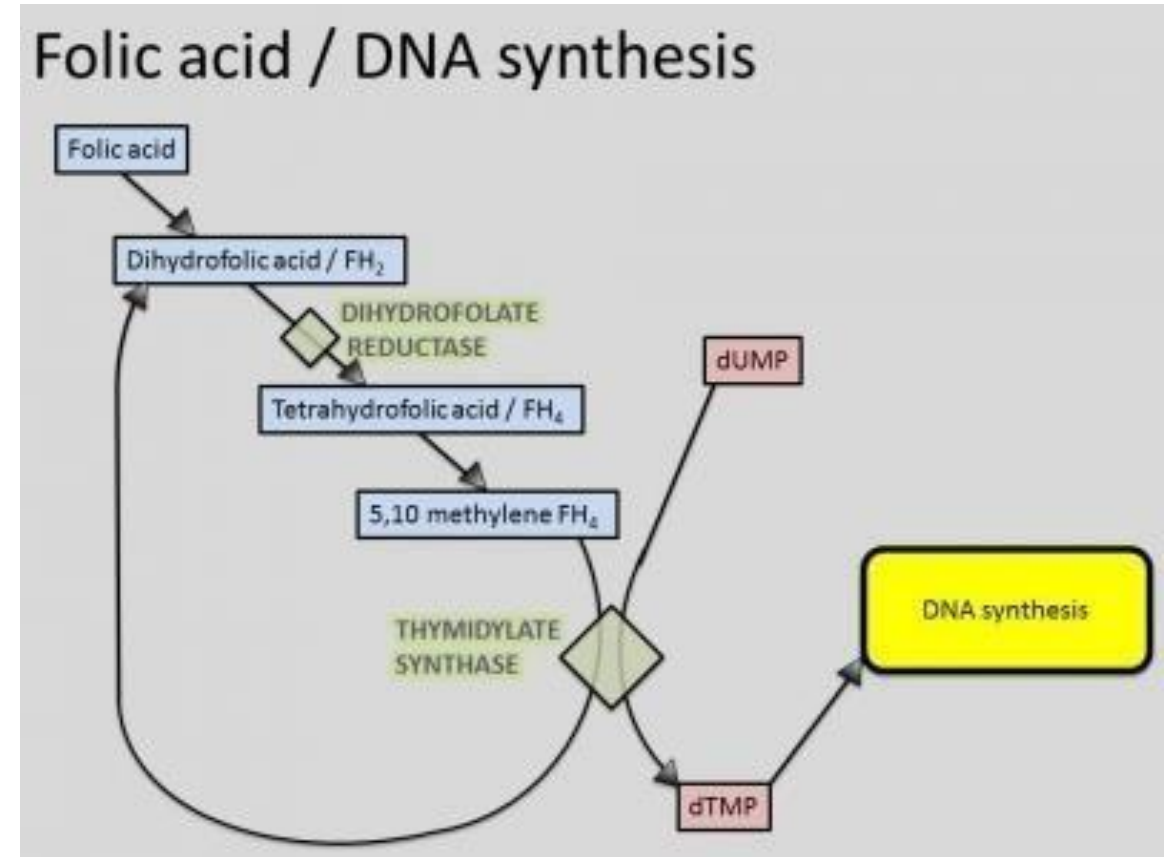




Antimetabolites

Antimetabolites

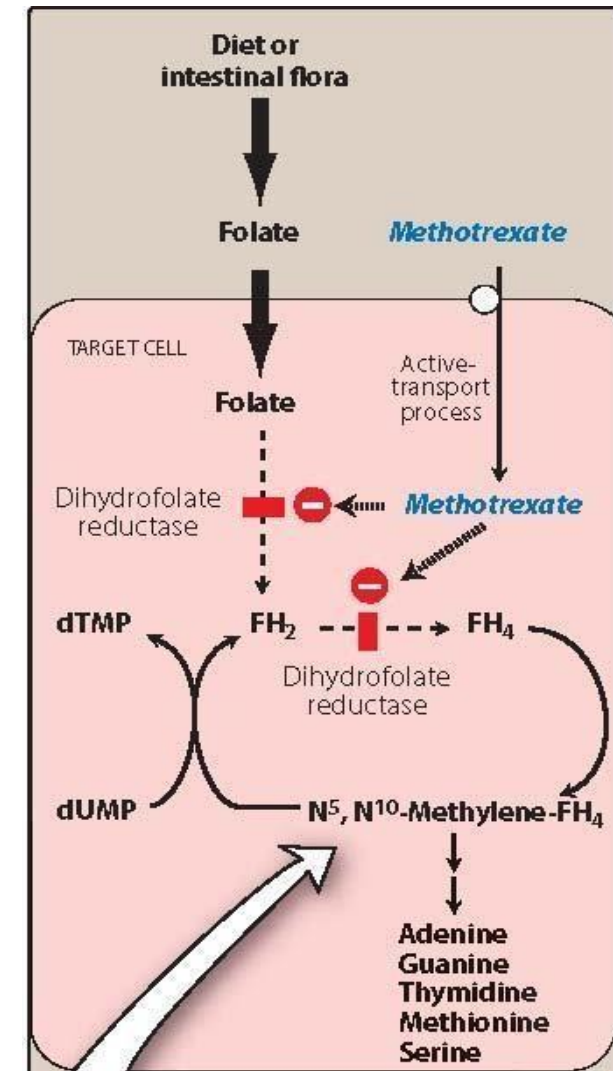
Folic acid plays a pivotal role in purine and thymidylate synthesis involving the transfer of one-carbon units, thus, is essential for cell replication



Methotrexate and pemetrexed

- *Methotrexate* is structurally related to folic acid
- **Mechanism of action:** INHIBITS MAMMALIAN DIHYDROFOLATE REDUCTASE (DHFR)
- **Cell cycle specific:** S phase

Pemetrexed inhibits DHFR and thymidylate



Methotrexate

- Therapeutic uses (methotrexate):

(in combination with other chemotherapies)

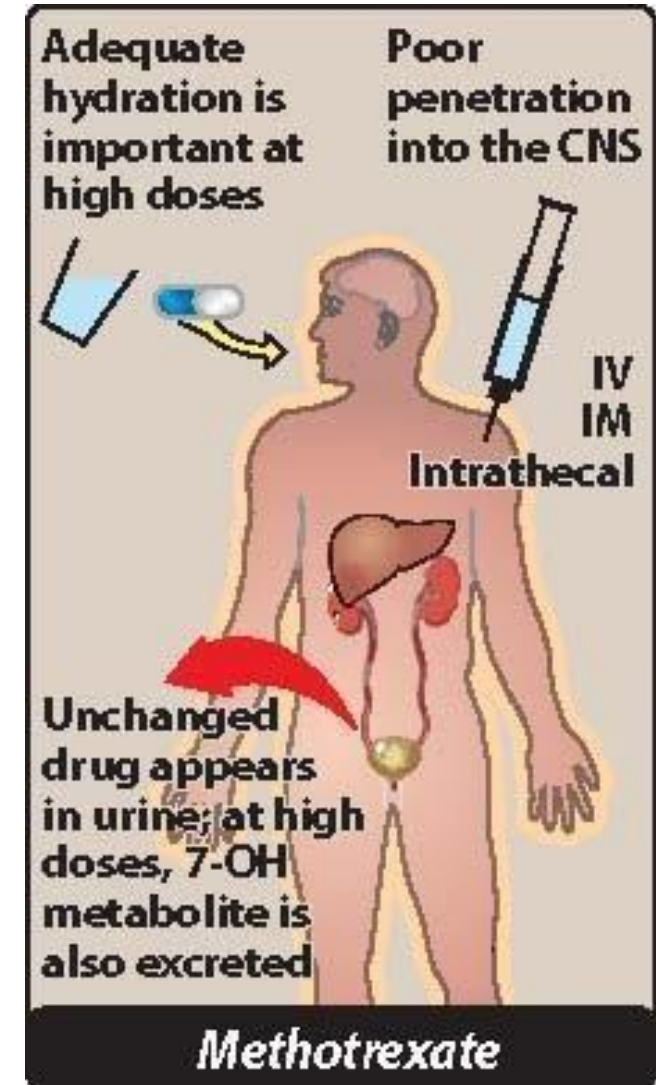
1. Acute lymphocytic lymphoblastic leukemia
2. Burkitt lymphoma
3. Other cancers (breast, bladder and head and neck cancers)
4. 1st line for Autoimmune diseases(at lower doses)
e.g., rheumatoid arthritis, Crohn's disease

Because methotrexate suppresses bone marrow → less immune cells



Methotrexate

- Oral, IM, IV, intrathecal
- Poor penetrance across the BBB
- Metabolism: MTX undergo hydroxylation at 7th position to form 7-hydroxymethotrexate (less water soluble)
- Excretion of metabolites in urine



Methotrexate

• Adverse effects:

- ☐ N/V/D
- ☐ Cutaneous reactions/rash
- ☐ Alopecia
- ☐ Myelosuppression
- ☐ Renal damage
- ☐ Neurologic toxicities (if given intrathecally)

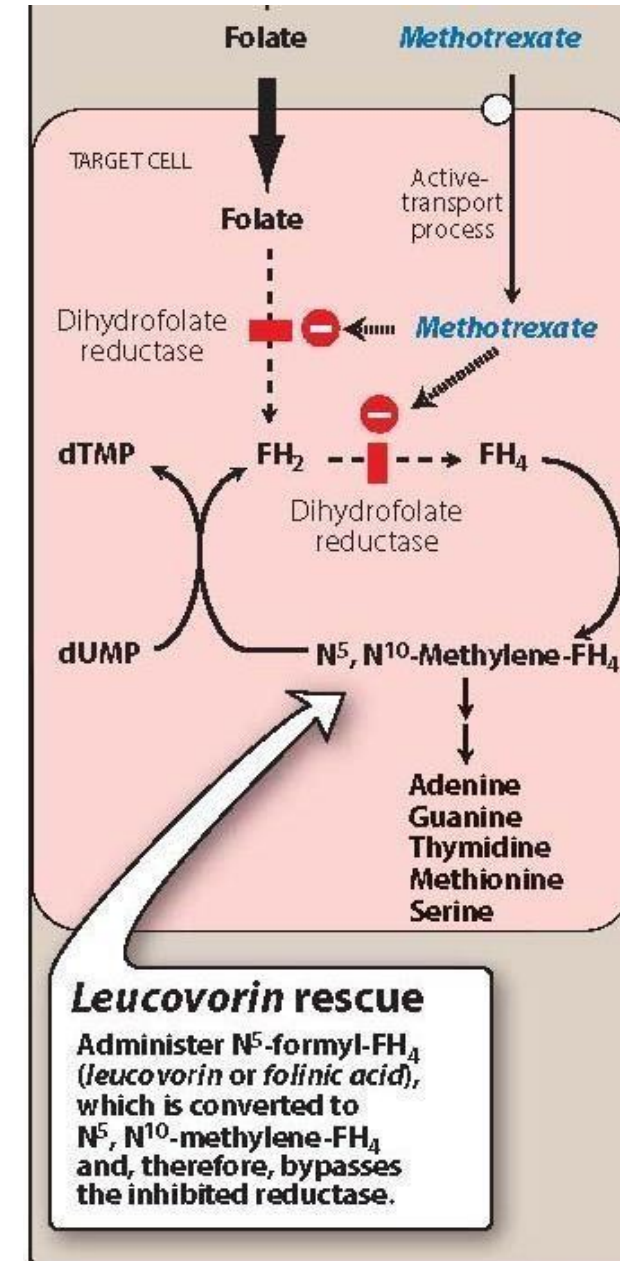
Reason for discontinuation	Discontinued methotrexate permanently (n)	Per cent of discontinuations (n = 46)	Per cent of all patients (n = 248)
Adverse effects	26	56.5%	10.4%
Gastrointestinal	6	13.0%	2.4%
Oral ulcers	3	6.5%	1.2%
Skin rash	3	6.5%	1.2%
Malaise	3	6.5%	1.2%
Pulmonary symptoms	3	6.5%	1.2%
Pneumonia	2	4.3%	0.8%
Nodules	2	4.3%	0.8%
Laboratory abnormalities	2	4.3%	0.8%
Other side effects	2	4.3%	0.8%
Inefficacy	15	32.6%	6.0%
Other reasons	5	10.9%	2.0%
Disease improved	3	6.5%	1.2%
Other diseases	1	2.2%	0.4%
Pregnancy	1	2.2%	0.4%

How to overcome the adverse effects of methotrexate?

- A. Always administer with folic acid and vitamin B₁₂ (to reduce GI/hematologic side effects)
- B. Pretreatment with corticosteroids (to reduce cutaneous reactions)
- C. Leucovorin

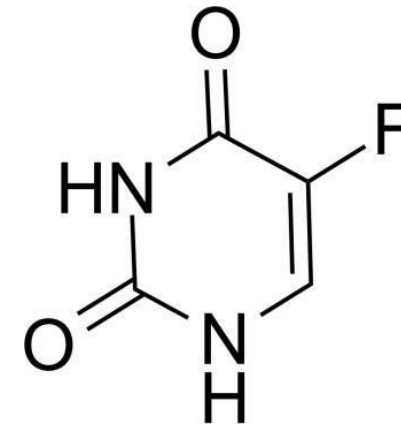
Leucovorin

- Leucovorin (folinic acid) is *tetrahydro* derivative of folic acid used to rescue normal, proliferating cells from the effects of methotrexate.
- Leucovorin is usually administered 24 hours after methotrexate so that it does not interfere with the therapeutic effect of methotrexate.

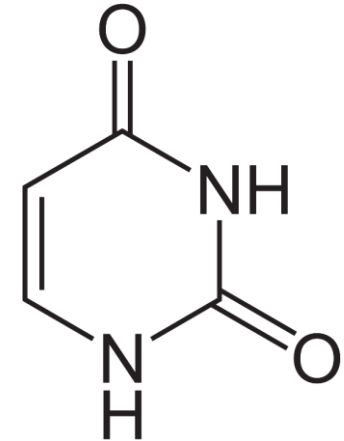


5-Fluorouracil

- Pyrimidine analog
- **Therapeutic Uses**
 1. Slow-growing **solid tumors**.
e.g. colorectal, breast, gastric cancers....
 2. Topically for **superficial basal cell carcinoma**



5-Fluorouracil



Uracil



- 5-FU itself has no antitumor effect
- Enters tumor cells through carrier-mediated transport system
- Converted to 5-FdUMP
- Inhibits thymidylate synthase





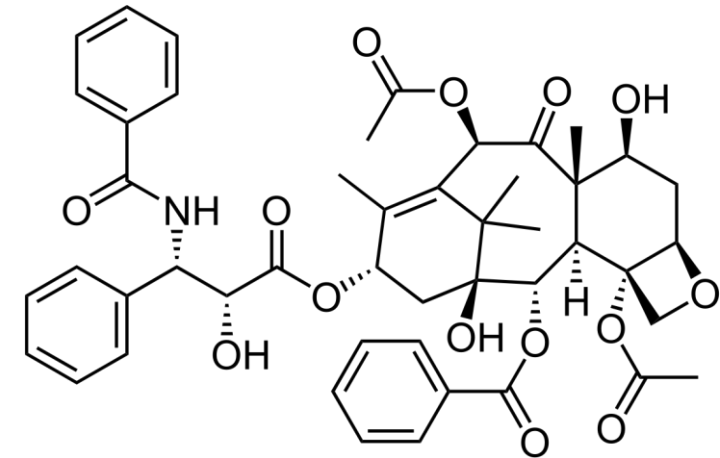
Microtubule Inhibitors

Paclitaxel and Docetaxel

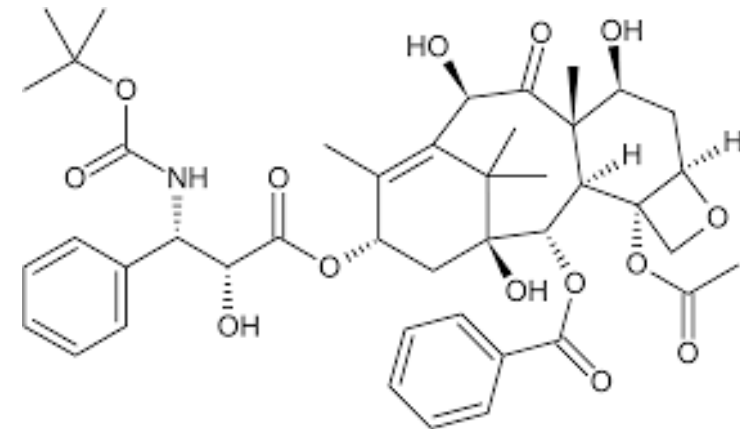
- Semisynthetic

Therapeutic Uses(solid tumors only, not liquid):

1. Non-Small Cell Lung Cancer (NSCLC)
2. Ovarian Cancer
3. Prostate Cancer
4. Breast Cancer
5. GI cancers(colorectal)

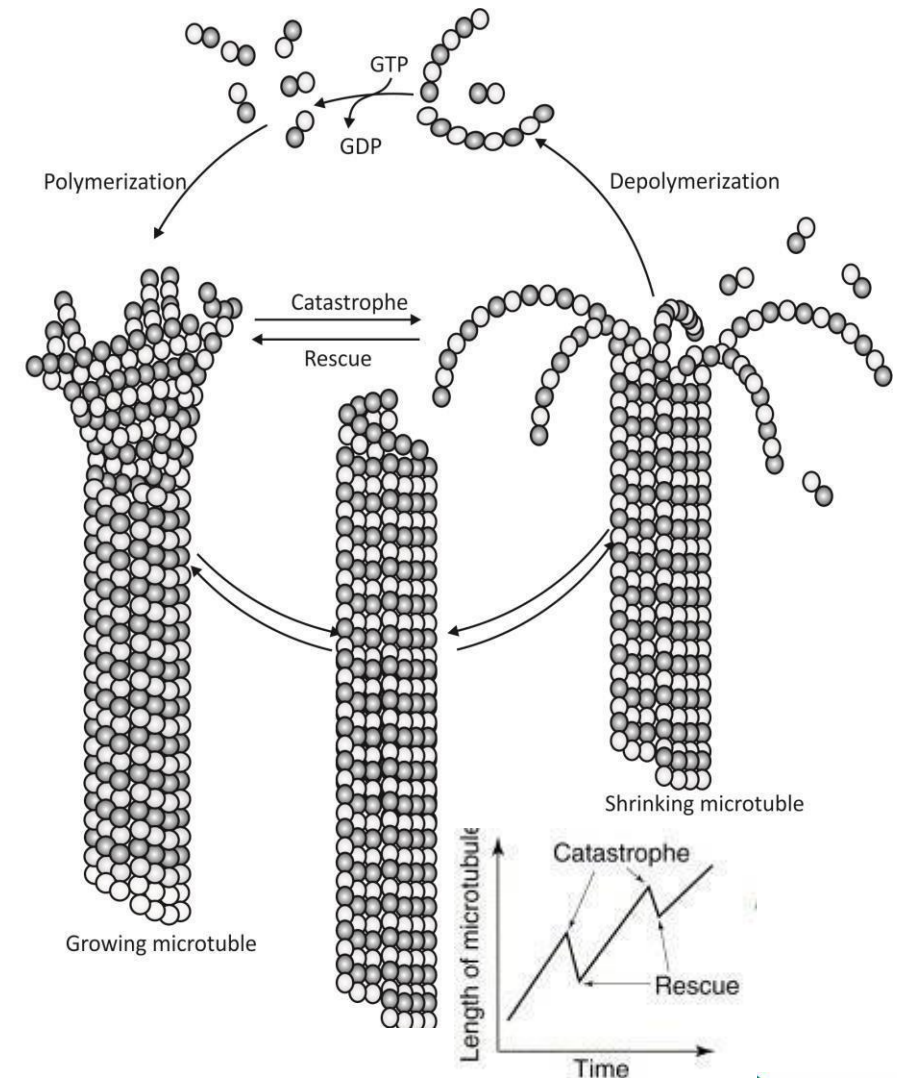
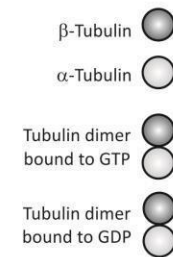
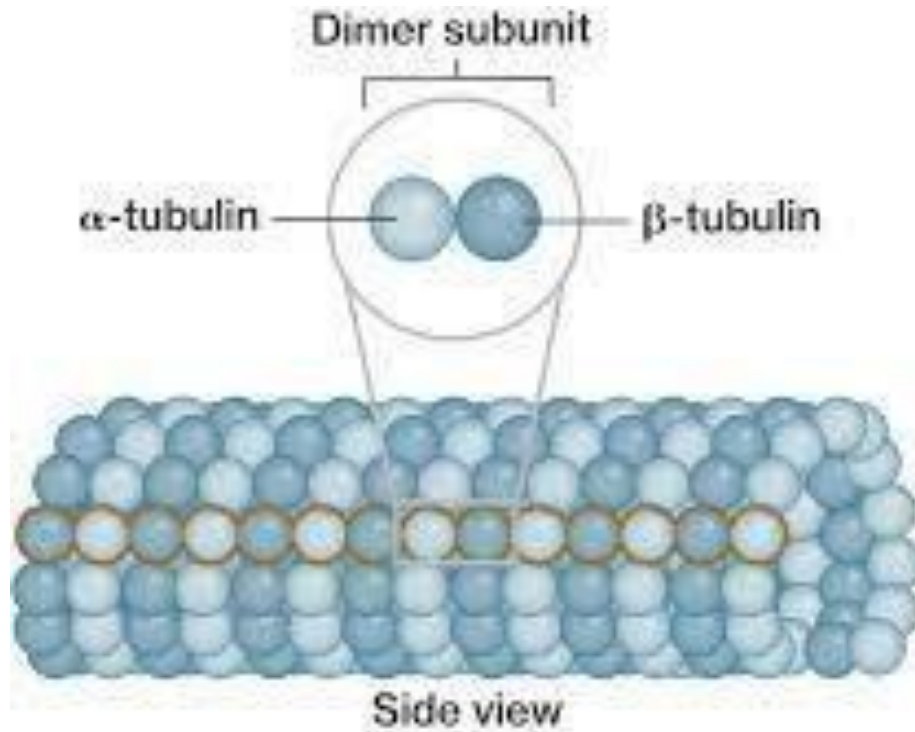


Paclitaxel



Docetaxel

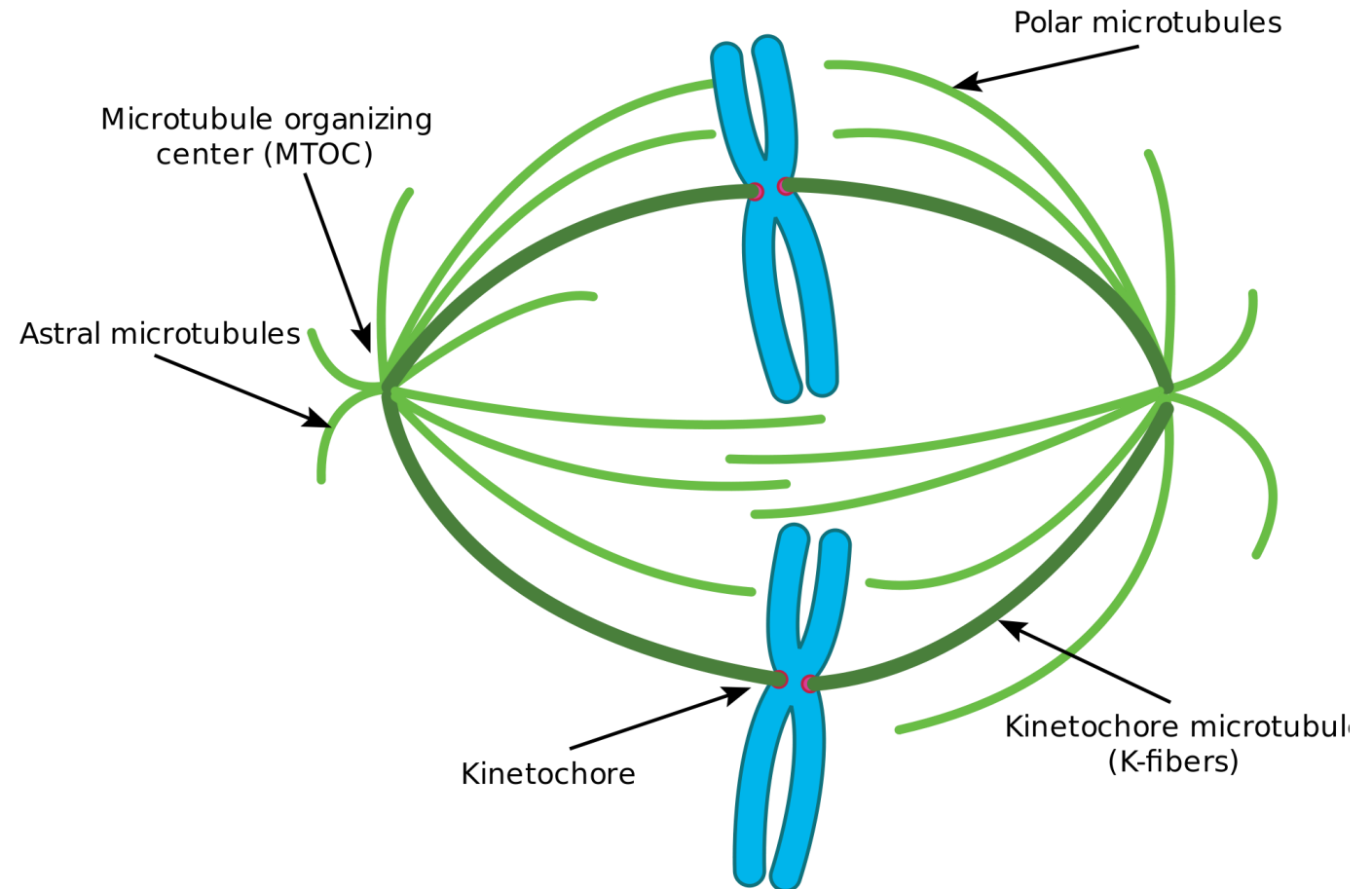
Microtubules



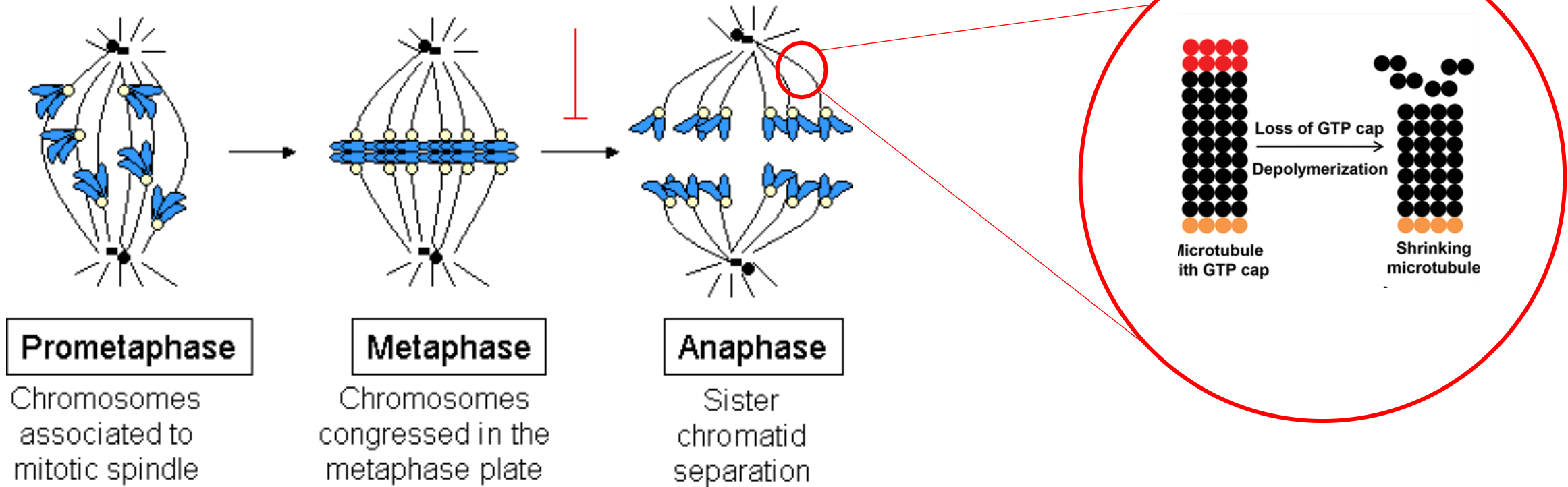
- * cytoskeleton → microtubules and actin filaments
- * The main function of cytoskeleton to maintain the structure of the cell and signal travelling of vesicle inside the cell, but it has other functions like the ability of microtubules to facilitate cellular division by forming the mitotic spindle.
- * microtubules are polymers (they are consist of multiple repeat of certain monomer).
- Microtubules monomers are dimer consist of two molecules of tubulin.
- * Microtubules are not fixed structure but they are dynamic structure which it undergo constant remodelling (بناء وهدم) , microtubules are always active in the cell.
- polymerization of microtubules: adding tubulin dimers
- catastrophe, depolymerization , failure of polymerization, shrinking microtubule
- (these two processes happen in the same time)
- * contraction of microtubule : depolymerization of microtubule (shrinkage) — partitioning of DNA into two daughter cells
- * there is a dynamic balance between polymerization and depolymerization in microtubules.
- * in chemotherapy you can interfere with both polymerization and depolymerization to inhibit DNA separation and cell division.

The Mitotic Spindle

- Consists of chromatin + microtubule system
- Essential for equal partitioning of DNA into two daughter cells
- Which phase of the cell cycle? M-phase



The Mitotic Spindle

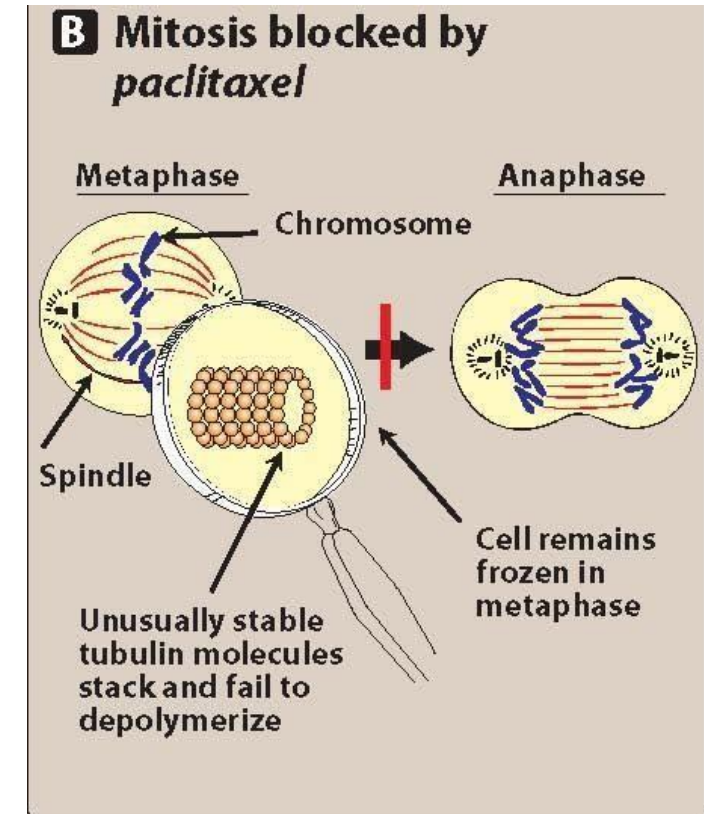
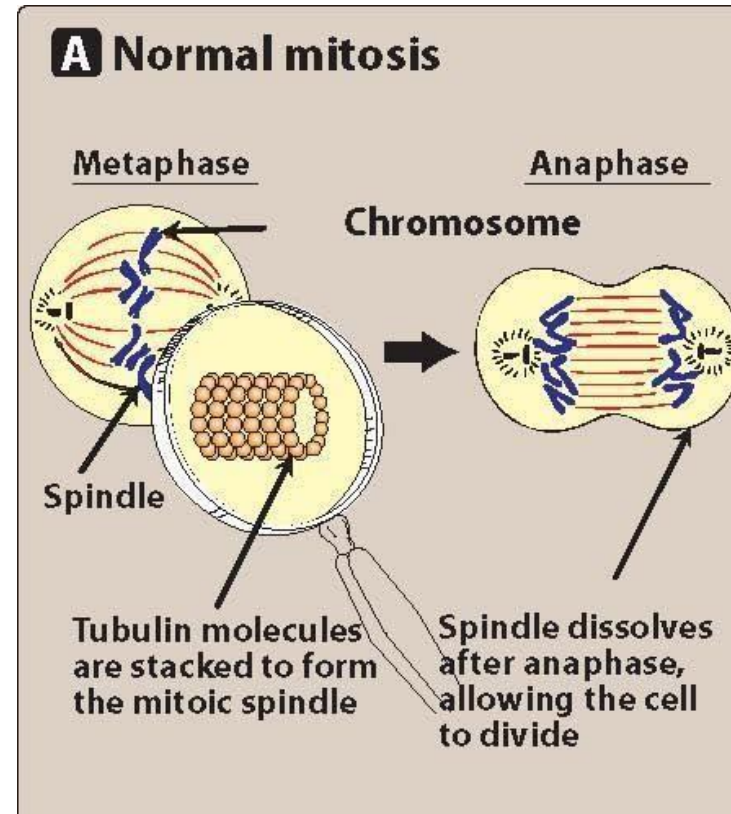


<https://www.youtube.com/watch?v=Xw1Dac39QQY>

Paclitaxel and Docetaxel

Mechanism of Action

- Cell-cycle specific
- Promote the polymerization and stabilization of the polymer rather than disassembly
- Forming microtubules are overly stable and nonfunctional
- Failure of chromosomal separation
- Cell death (apoptosis-mitotic catastrophe)



Paclitaxel and Docetaxel

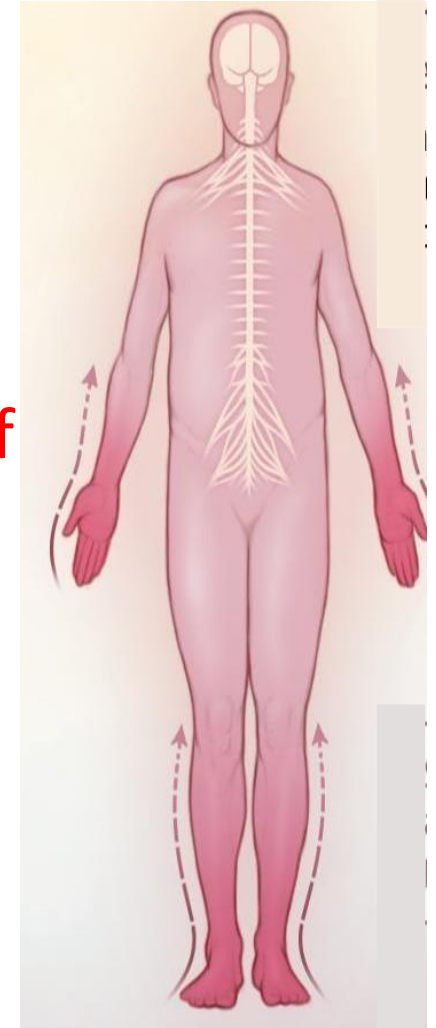
Adverse effects

- Neutropenia, leukopenia
- Chemotherapy-Induced Peripheral

Neuropathy due to disturbance of microtubule mediated transmitter trafficking (very important!! Patient complains of pain, numbness خدران, prasthesia تنميل)

Mnemonic: microtubules look like neurons!

- Hypersensitivity
- Alopecia
- Arthralgia/myalgia
- Renal impairment

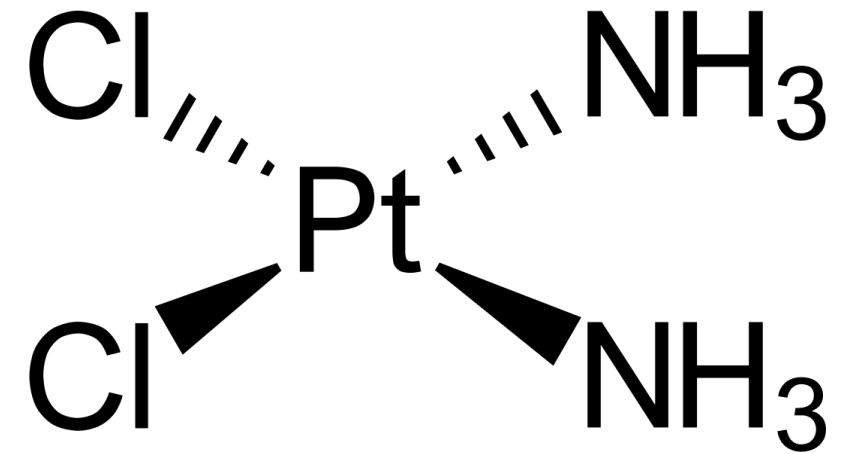




Platinum Coordination Complexes

Cisplatin, Carboplatin and Oxaliplatin

- Cisplatin is the prototype of this drug family
- Cisplatin has synergistic effect with radiation/other chemotherapy
- Effective against solid tumors: testicular, lung, ovarian, bladder
- Carboplatin is used in patients with kidney dysfunction, or prone to neurotoxicity
- Oxaliplatin used for ovarian and colorectal cancers



Cisplatin

Cisplatin, Carboplatin and Oxaliplatin

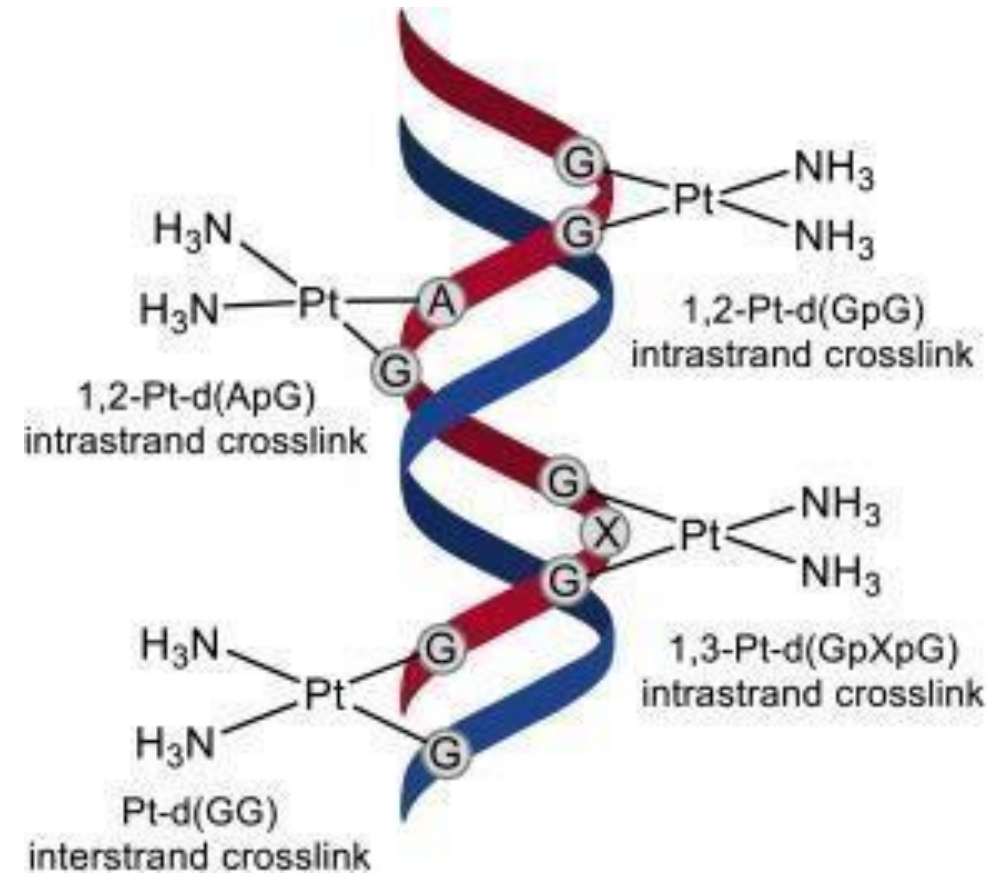
DRUG	ROUTE	ADVERSE EFFECTS	NOTABLE DRUG INTERACTIONS	MONITORING PARAMETERS	NOTES
<i>Cisplatin</i>	IV, IP, IA	Neurotoxicity, myelosuppression, ototoxicity, N, V, electrolyte wasting, infusion reaction, nephrotoxicity	Anticonvulsants	CBC, CMP, electrolytes, hearing	Aggressive pre- and posthydration required, high incidence of nausea and vomiting
<i>Carboplatin</i>	IV, IP, IA	Myelosuppression, N, V, infusion reaction	Aminoglycosides	CBC	Dose calculated using AUC
<i>Oxaliplatin</i>	IV	Neurotoxicity, N, V, infusion reaction, hepatotoxicity, myelosuppression	<i>Warfarin</i>	CBC, neurologic function, hepatic function	Cold-related and cumulative peripheral neuropathy

IV=intravenous; IP=intraperitoneally; IA=intraarterially; AUC=area under the curve; N=nausea; V=vomiting; CBC=complete blood count; CMP=complete metabolic panel.

Cisplatin, Carboplatin and Oxaliplatin

Mechanism of action

- These drugs work as alkylating agents
- Bind to guanine in DNA, forming inter- and intrastrand cross-links(**adducts**)
- The resulting lesion inhibits DNA/RNA polymerases
- Non-cell cycle-specific



Cisplatin, Carboplatin and Oxaliplatin

Adverse effects

- Severe nausea and vomiting (Chemotherapy-Induced Nausea and Vomiting)
- Nephrotoxicity (cisplatin), prevented by excessive hydration
- Ototoxicity
- Myelosuppression
- Cold-induced peripheral neuropathy (oxaliplatin)

Mnemonic: oxaliplatin → ice crystals

- Hepatotoxicity(oxaliplatin)
- Hypersensitivity



Topoisomerase Poisons

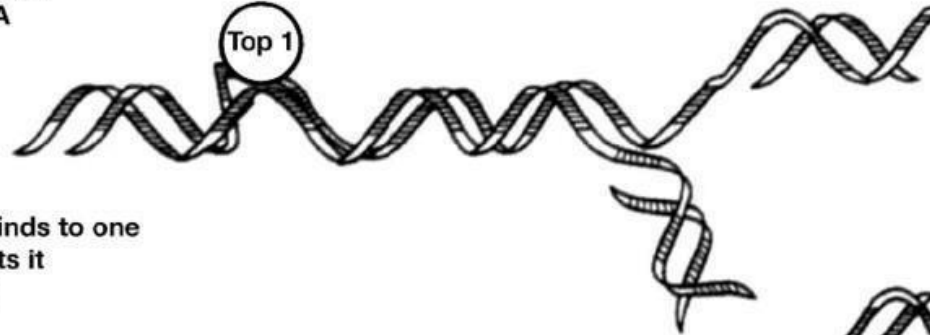
Topoisomerase I

1



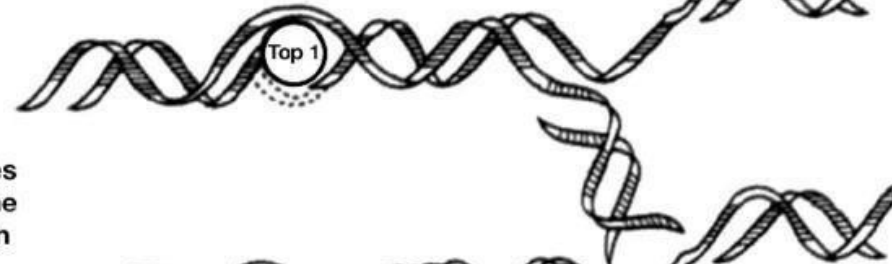
Increasing tension and supercoiling of DNA

2



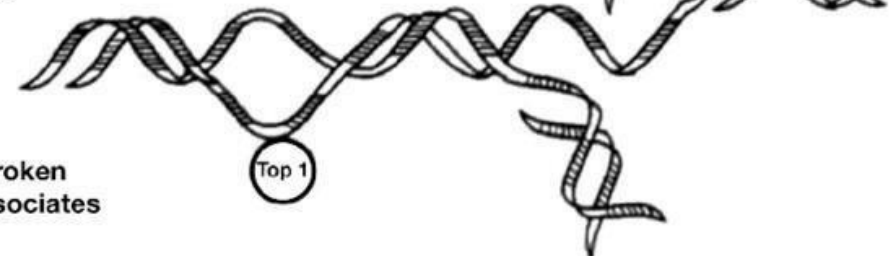
Topoisomerase 1 binds to one DNA strand and cuts it (cleavage reaction)

3



The intact strand of DNA passes through the nick, resulting in the relaxation of the torsional strain

4



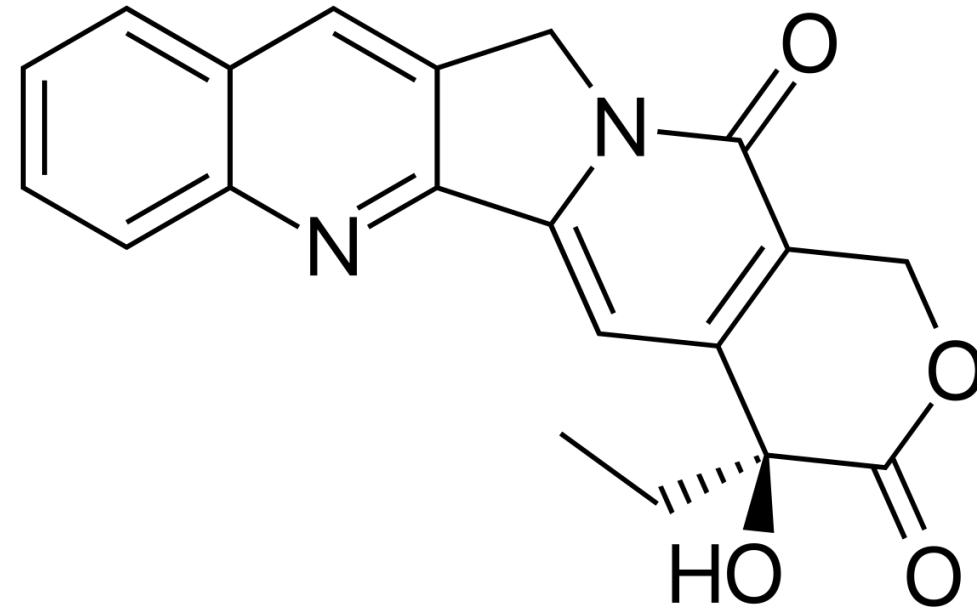
Topoisomerase 1 reseals the broken strand (religation step) and dissociates from the DNA molecule

Camptothecins

- Camptothecin, irinotecan, topotecan
- Semisynthetic

Therapeutic uses

1. Metastatic ovarian cancer (topotecan)
2. Irinotecan + 5-FU for colorectal carcinoma

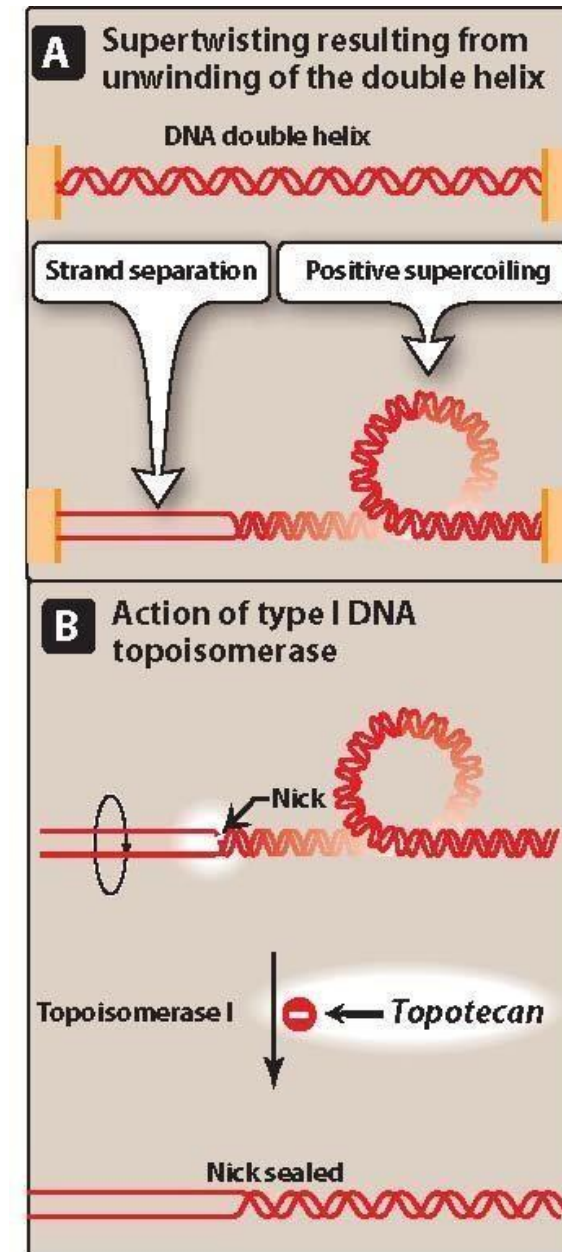


Camptothecin

Camptothecins

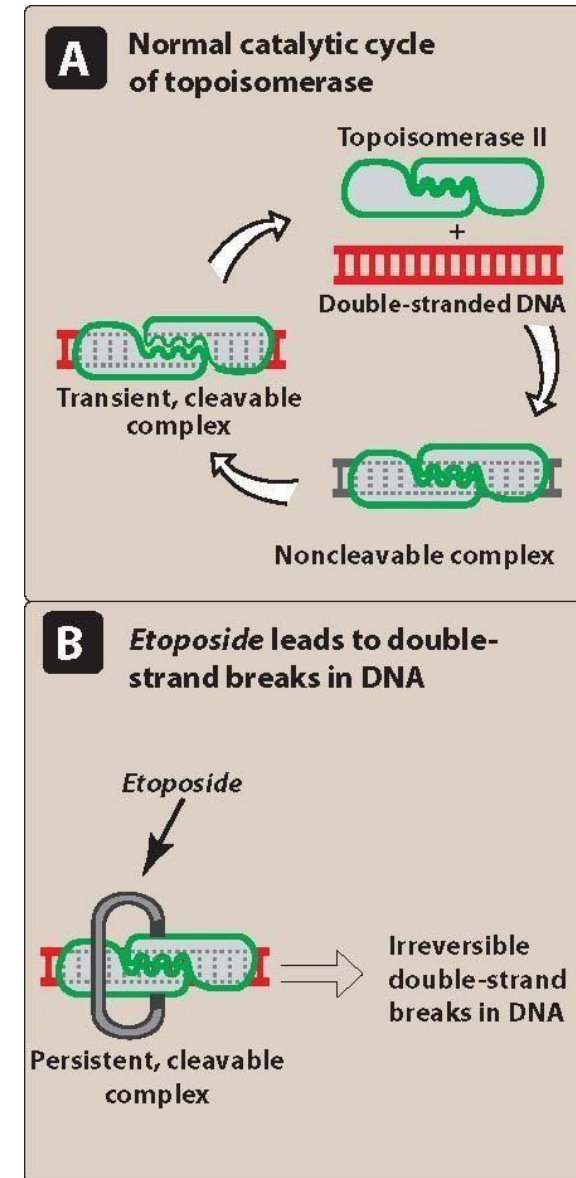
Mechanism of action

- Topoisomerase I inhibitors
- Cause single-stranded breaks
- S-phase specific
- Irinotecan metabolite is 1000-folds more potent



Etoposide

- Semisynthetic derivative of podophyllotoxin
- Topoisomerase II inhibitor
- Causes irreversible double-stranded breaks
- Used for lung cancer, testicular cancer
- Causes myelosuppression





Targeted Therapy

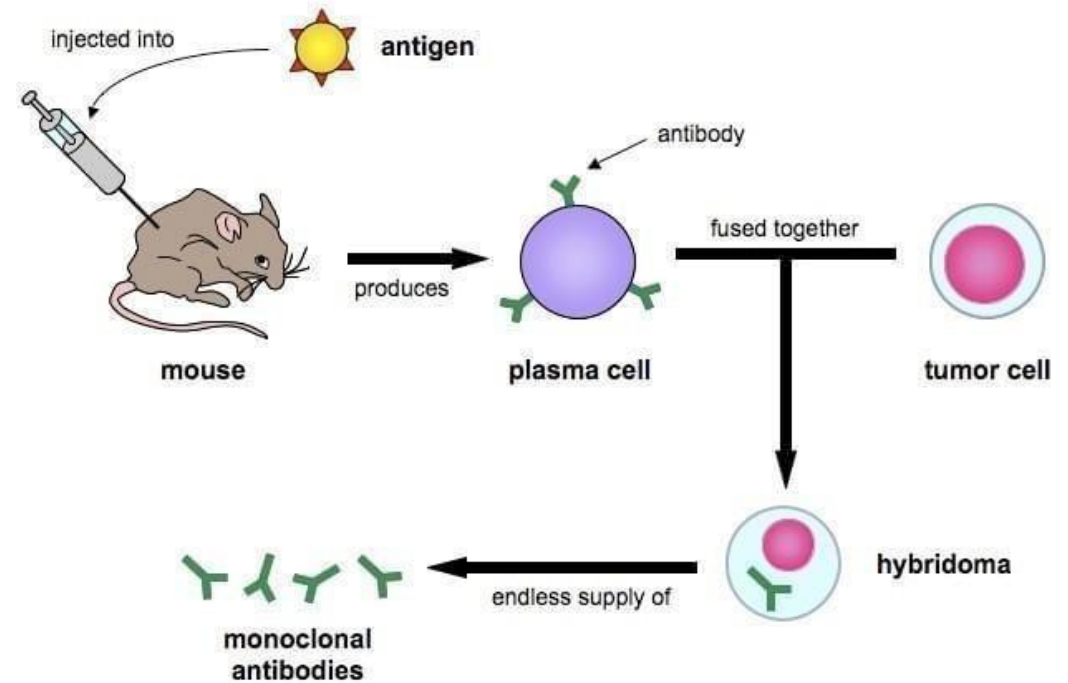
How Antibodies Are Produced?

❑ Immunization of horses/rabbits with human lymphoid cells
→ mixture of polyclonal and monoclonal antibodies

❑ *Hybridoma*: injecting an antigen in a mouse then fusing mouse antibody-producing cells with tumor cells

→ monoclonal antibodies

• Using recombinant DNA → humanize antibodies



Polyclonal Antibody

- Cheap to produce
- Mixed population of antibodies
- May bind to different areas of the target molecule
- Tolerant of small changes in protein structure

Polyclonal antibody



Monoclonal Antibody

- Expensive to produce
- Single antibody species
- Will only bind single specific site
- May recognise a particular protein form


Monoclonal antibody



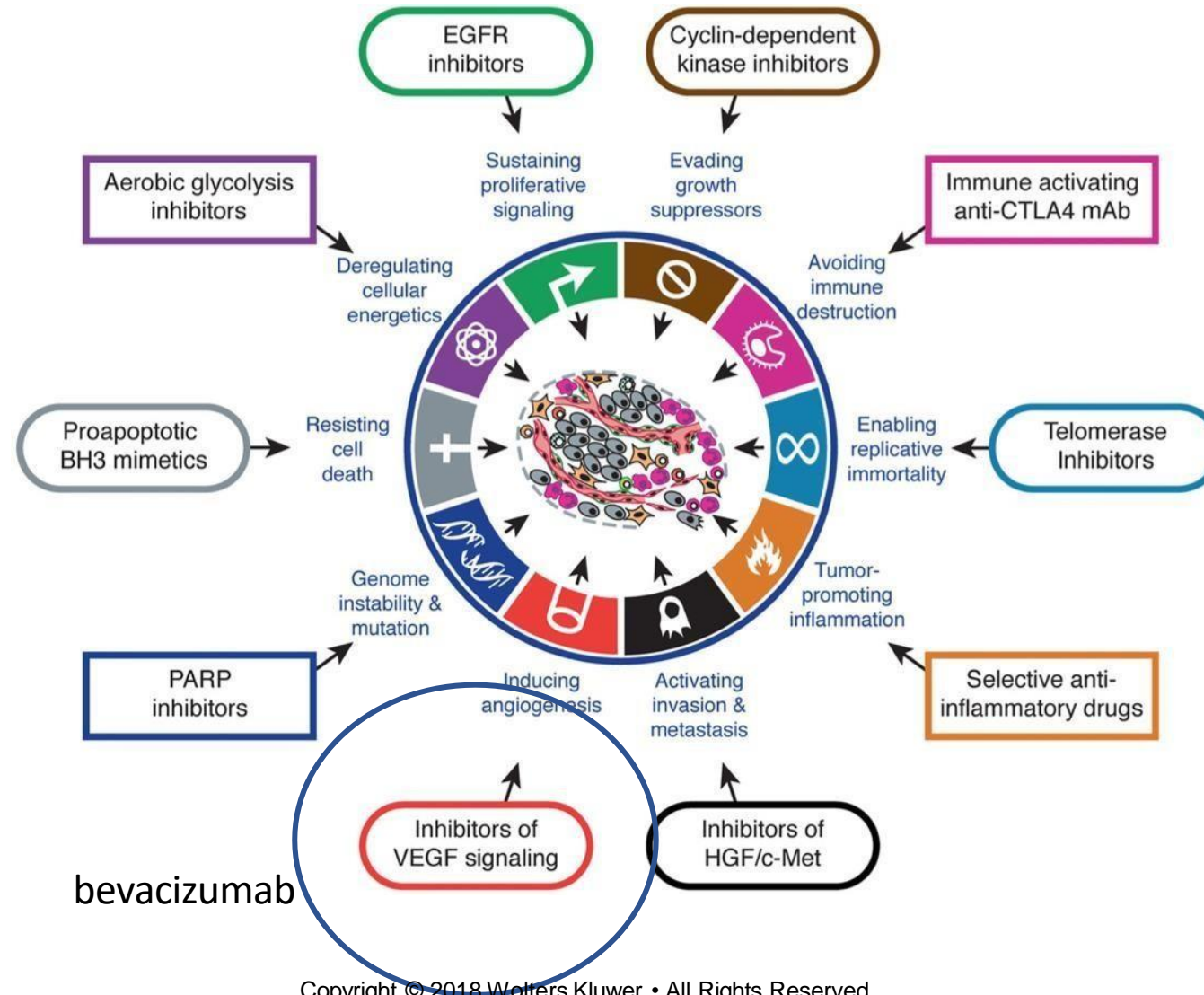
Terminology

Monoclonal antibodies: “xi” “zu” “-mab”
examples: basiliximab, idarucizumab

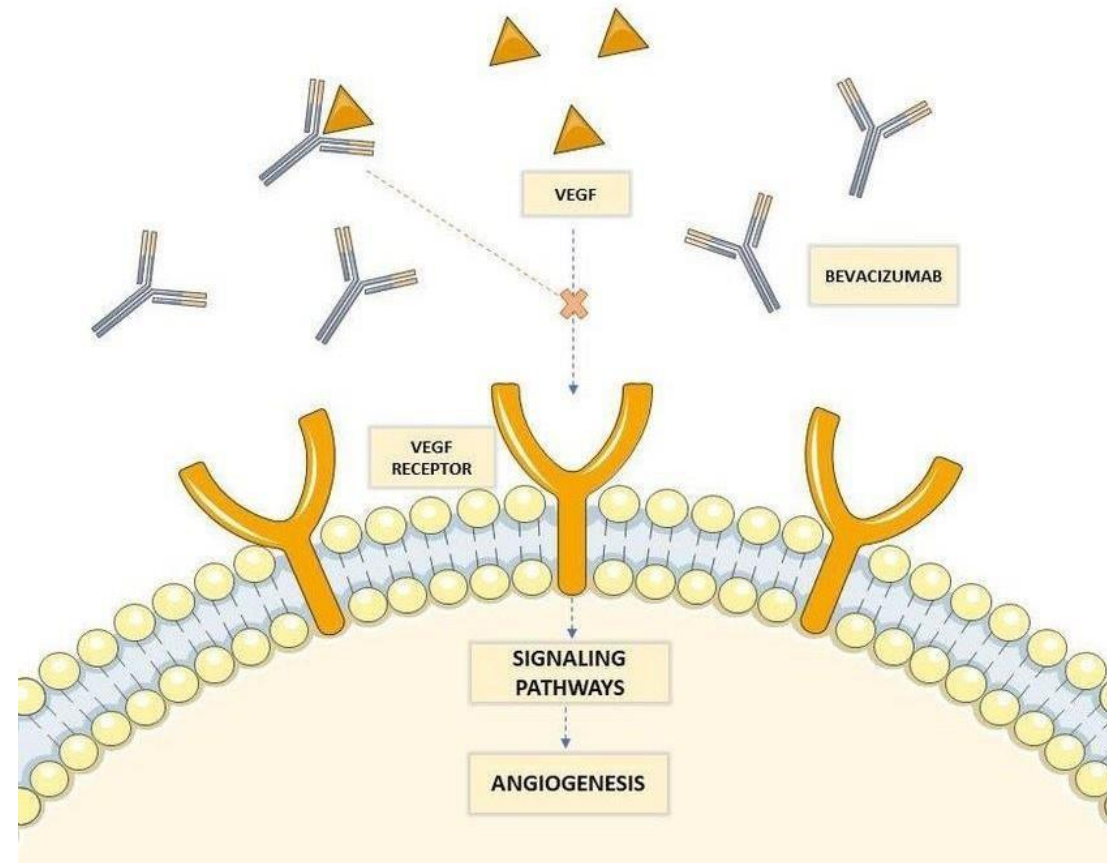
chimeric humanized



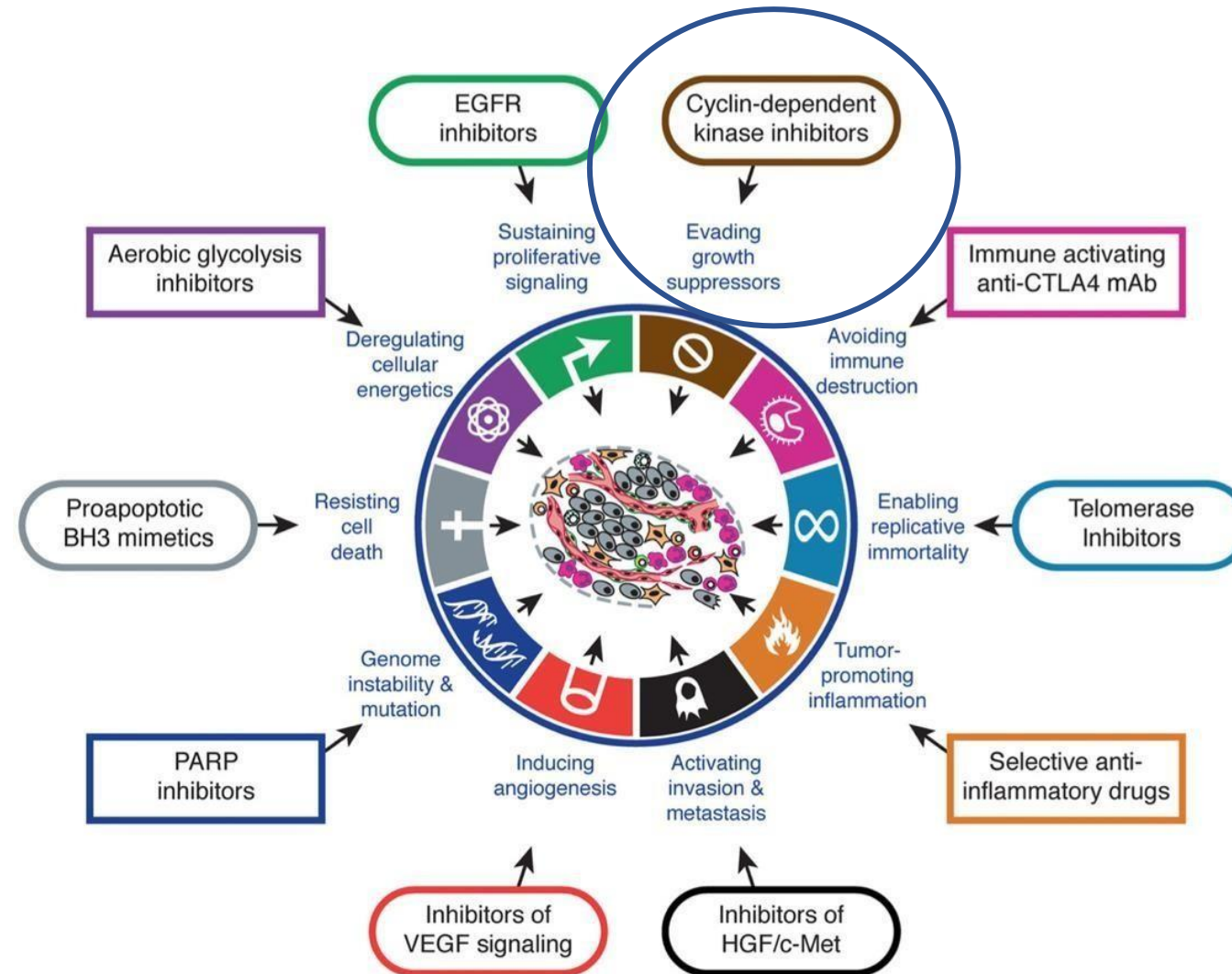
Targeted Therapy



Antiangiogenesis bevacizumab

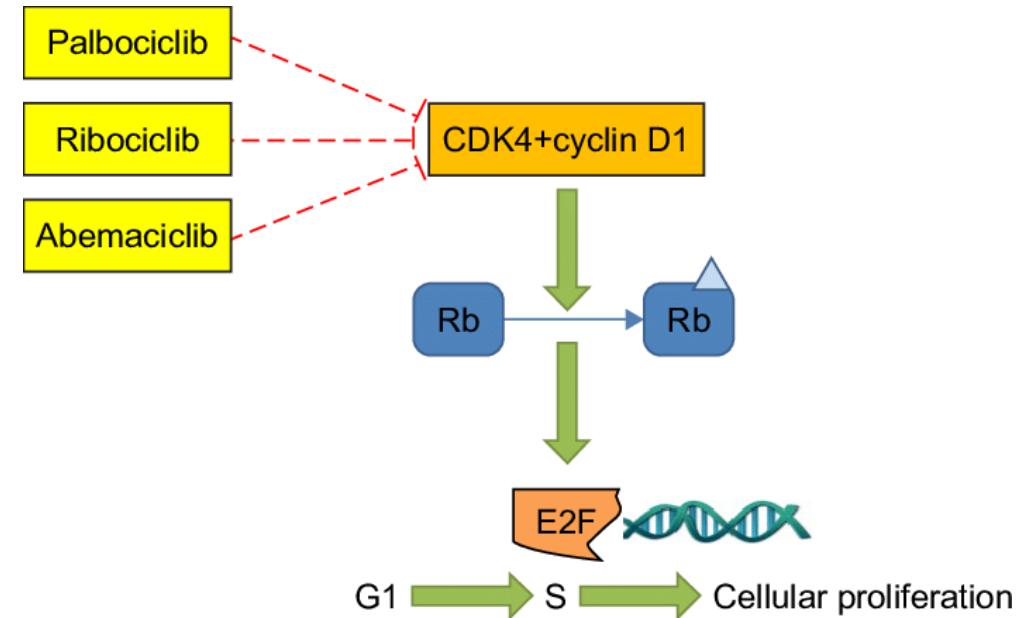


Targeted Therapy



Palbociclib

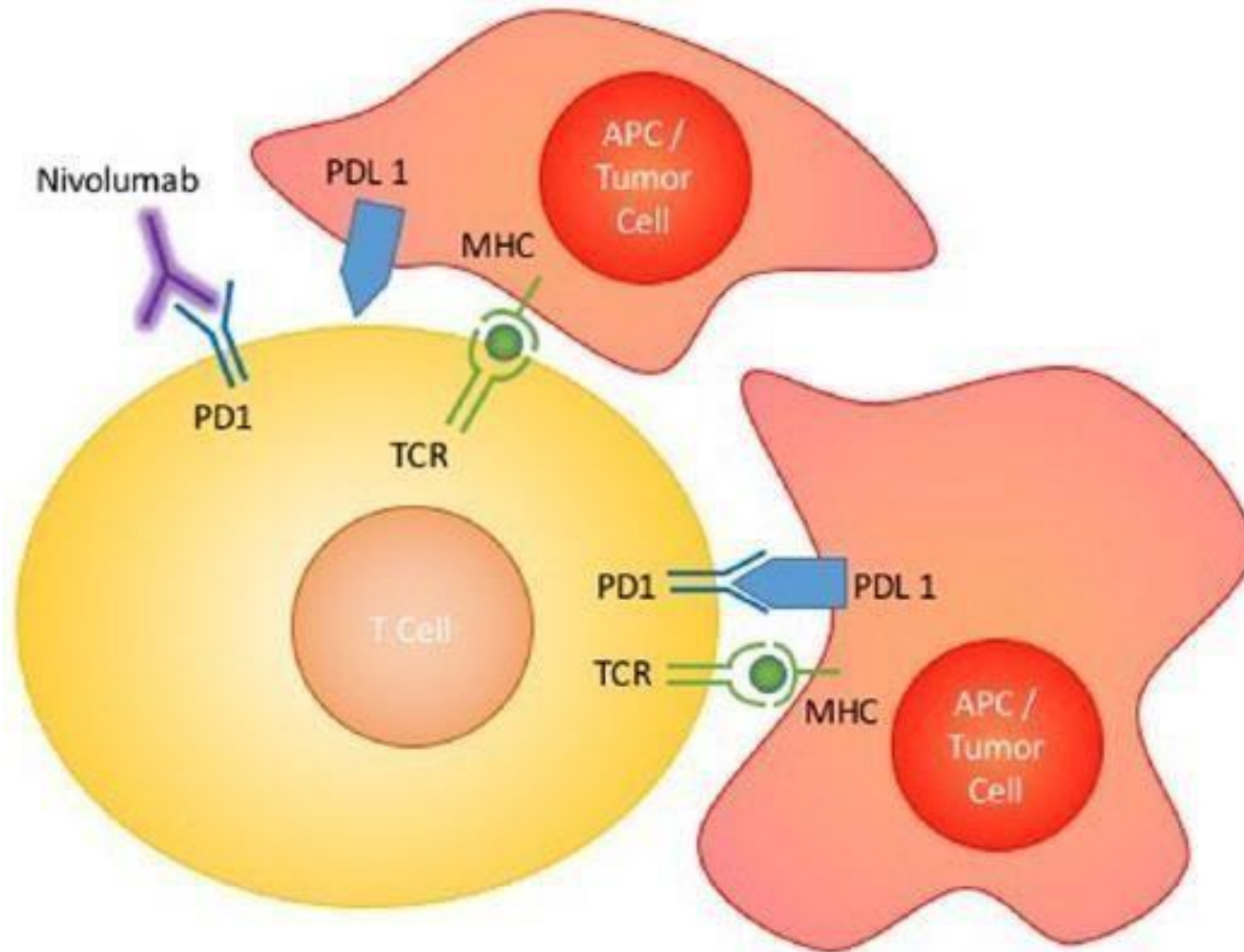
- selective inhibitor of the cyclin-dependent kinases CDK4 and CDK6
- **Uses:** treatment of HR-positive and HER2-negative breast cancer





Immunotherapy

Nivolumab



binds to the PD-1 receptor and blocks its interaction with PD-L1 and PD-L2, releasing PD-1 pathway-mediated inhibition of the immune response, including the anti-tumor immune response

2014 FDA approved anticancer drugs

Generic Drug Name	Mechanism of Action
Belinostat	HDAC inhibitor
Ceritinib	ALK inhibitor
Olaparib	PARP inhibitor
Ramucirumab	VEGFR2 inhibitor
Pembrolizumab	PD-1 inhibitor
Idelalisib	PI3K d inhibitor

2018 Nobel Prize in Medicine for Cancer Immunotherapy



Jonathan Nackstrand/Agence France-Presse — Getty Images

Questions

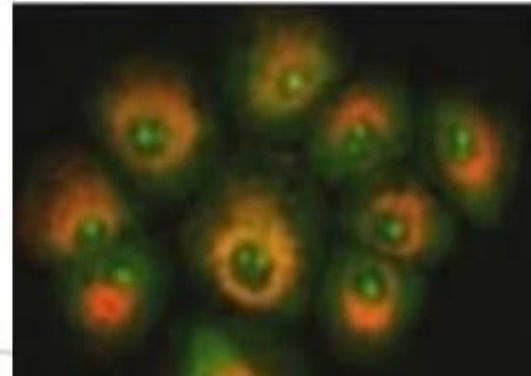
15. Which of the following anticancer drugs is expected exert is maximal effect in the S phase of the cell cycle:

- A. Vincristine.
- B. Cyclophosphamide.
- C. Paclitaxel.
- D. Carboplatin.
- E. 5-Fluorouracil.

Answer:E

18. H460 is a non-small cell lung cancer cell line used frequently for in vitro studies of anticancer drug sensitivity. H460 cells were exposed to 1 micromolar camptothecin for 24 hours in culture. After 48 hours the cells were growth-arrested and stained positive for acridine orange staining (orange color in the image) indicative of autophagy induction. The induction of autophagy in H460 cells in response to camptothecin is most likely due to which type of DNA damage :

- A. Insertion-deletion mismatches
- B. Inter- and intrastrand DNA crosslinks
- C. Methylation of the O6 position of guanine
- D. Single-stranded DNA breaks
- E. Double-stranded DNA breaks



Answer:D

33. A 72-year-old male patient finished chemotherapy treatment after being diagnosed with stage III non-small cell lung cancer. Recently, the patient started complaining of paresthesia, pain (burning in nature) in his lower extremities. Moreover, the patient described an increased sensitivity to touch when he does daily tasks like washing dishes or driving consistent with neuropathy. Which of the following chemotherapy regimens was MOST LIKELY given to the patient based on his symptoms?

- A. Methotrexate + Adriamycin.
- B. Etoposide + Palbociclib.
- C. Cytarabine + cyclophosphamide.
- D. 5-fluorouracil + gemcitabine.
- E. paclitaxel + cisplatin.

Answer:E

VV

58. Which of the following statements correctly describes the anticancer drug bevacizumab?

- A. bevacizumab is DNA damaging agent that intercalates with tumor cell DNA.
- B. bevacizumab is a polyclonal antibody that inhibits tumor cell glycolysis.
- C. bevacizumab is a monoclonal antibody that blocks the formation of new blood vessels.
- D. bevacizumab is microtubule poison that commits tumor cells into mitotic catastrophe.
- E. bevacizumab is an immune checkpoint inhibitor that disables PD-1.

Answer:C

71. Despite the development of numerous chemotherapeutic drugs that effectively kill cancer cells, many drugs fail to completely eliminate the disease. This is most likely explained by which of the following statements?

- A. The fact that all cancer chemotherapy drugs are cell cycle specific, thus, non- cycling cells manage to escape their toxic effects.
- B. The high toxicity associated with chemotherapy prevents the use of high, more effective doses of these drugs.
- C. The administration of chemotherapy is restricted to the oral route which results in lower bioavailability.
- D. Cancer cells have impermeable cell membranes.
- E. Cancer cells are easily identified and eliminated by the immune cells.

Answer:B

75. Which of the following mechanisms is UNLIKELY to be involved in the development of tumor cell resistance against the anticancer drug docetaxel?

- A. Decreased alpha - tubulin affinity for docetaxel.
- B. Existence of tumor cells in a quiescent state (arrested in G₀).
- C. Expression of p-glycoprotein multidrug efflux pump.
- D. Increased topoisomerase II expression levels.
- E. Upregulation of anti-apoptosis members of Bcl - 2 family.

Answer:B

Questions for amebiasis

Answer:D

Questions for amebiasis

17. A 23-year-old male patient living in the countryside came to your clinic after an outbreak of gastroenteritis in his village. The patient has no symptoms and feels fine, but he is worried that he might be infected since all his family members developed dysenteric diarrhea over the past week. Upon his request, you ordered a stool analysis which confirmed the existence of *E. histolytica* cysts. Which of the following options is best to treat this patient :

- A. Paromomycin
- B. Albendazole
- C. Chloroquine
- D. Metronidazole
- E. Metronidazole + iodoquinol

Answer:A

66. A 26-year-old female patient presented to the clinic with abdominal pain and fever of 10 days. Examination indicated abdominal left upper quadrant tenderness. Ultrasound revealed a rounded, hypoechoic mass in the liver with well-defined margins (see image). The patient reported having had severe dysentery 1 month ago. Serological EIA test showed antibodies specific for *E histolytica*. Which of the following drug combinations is your BEST option to treat the patient's condition?

- A. Iodoquinol + paromomycin.
- B. Metronidazole + chloroquine.
- C. Albendazole + paromomycin.
- D. Tinidazole + paromomycin.
- E. Metronidazole + iodoquinol.



Answer:E