

# Bleeding per rectum

Introduce yourself , take permission
Patient profile (name , age , occupation , address, marital status)
Chief complaint + duration
Analysis of the Chief Complaint
<p><b><u>Onset:</u></b> - Sudden acute - chronic</p> <p><b>Previous episodes</b></p> <p><b><u>Character:</u></b></p> <ul style="list-style-type: none"><li>- <b>Color:</b> Mixed with stool, Streak, at the toilet paper</li><li>- <b>Amount</b> (In cups).</li></ul> <p><b><u>Associated bleeding from other sites</u></b></p> <p><b><u>Time:</u></b> Constant or episodic. / <b><u>Progression</u></b> (Getting worse or better)</p> <p><b><u>Exacerbating and relieving factors:</u></b></p> <ul style="list-style-type: none"><li>- NSAIDs → PUD</li><li>- Food → GU</li><li>- Trauma to abdomen → Hematoma</li></ul> <p><b><u>Severity:</u></b></p> <ul style="list-style-type: none"><li>- <b>Anemia symptoms</b> (Fatigue/ SOB/ Palpitations/ Dizziness).</li><li>- Assess the <b>dehydration symptoms</b> (Feeling thirst/ dry mucous membrane/ oliguria/ altered mental status)</li></ul> <p><b>Associated symptoms</b></p> <p><b>I. GI:</b></p> <ul style="list-style-type: none"><li>A) Dysphagia and odynophagia.</li><li>B) Heartburn and regurgitation</li><li>C) Dyspepsia</li><li>D) Jaundice / change in urine &amp; stool color / itching/ limb swelling→ Cirrhosis</li><li>E) Abdominal Pain → Epigastric → PUD</li><li>F) Abdominal Distention</li><li>H) Diarrhea or constipation</li><li>G) Hematochezia/ anal <b>pain or anal lump</b>.</li></ul> <p><b>II. Blood disorders:</b></p> <p>Bleeding from other site, ecchymosis, purpura, petechial, hematuria.</p> <p><b>III. Constitutional symptoms:</b> Fever, Weight loss, Anorexia, Night sweat.</p>

**Risk Factors (always ask about smoking and alcohol)**

**I. PUD** → Smoking, NSAIDS, Alcohol

**II. Bleeding disorders** → Drugs {Anti-coagulants (Heparin or Warfarin) / NSAIDS(Aspirin)}.

**III. Chronic constipation** → Straining (diverticulosis), hemorrhoids.

**IV. Family hx of IBD or colorectal cancer**

**Review of systems**

**Past medical and surgical:** GERD, PUD, liver problems, coagulopathy, IBD, Colorectal cancer, previous GI surgery.

**Drug Hx:** NSAIDs, steroid, aspirin, warfarin

**Family Hx:** Ask about relevant conditions related to the history (IBD, PUD, colon cancer ... etc.), and any chronic diseases.

**Social Hx:** Smoking history (# of pack years), alcohol, travel history, drug abuse, **Type of diet**