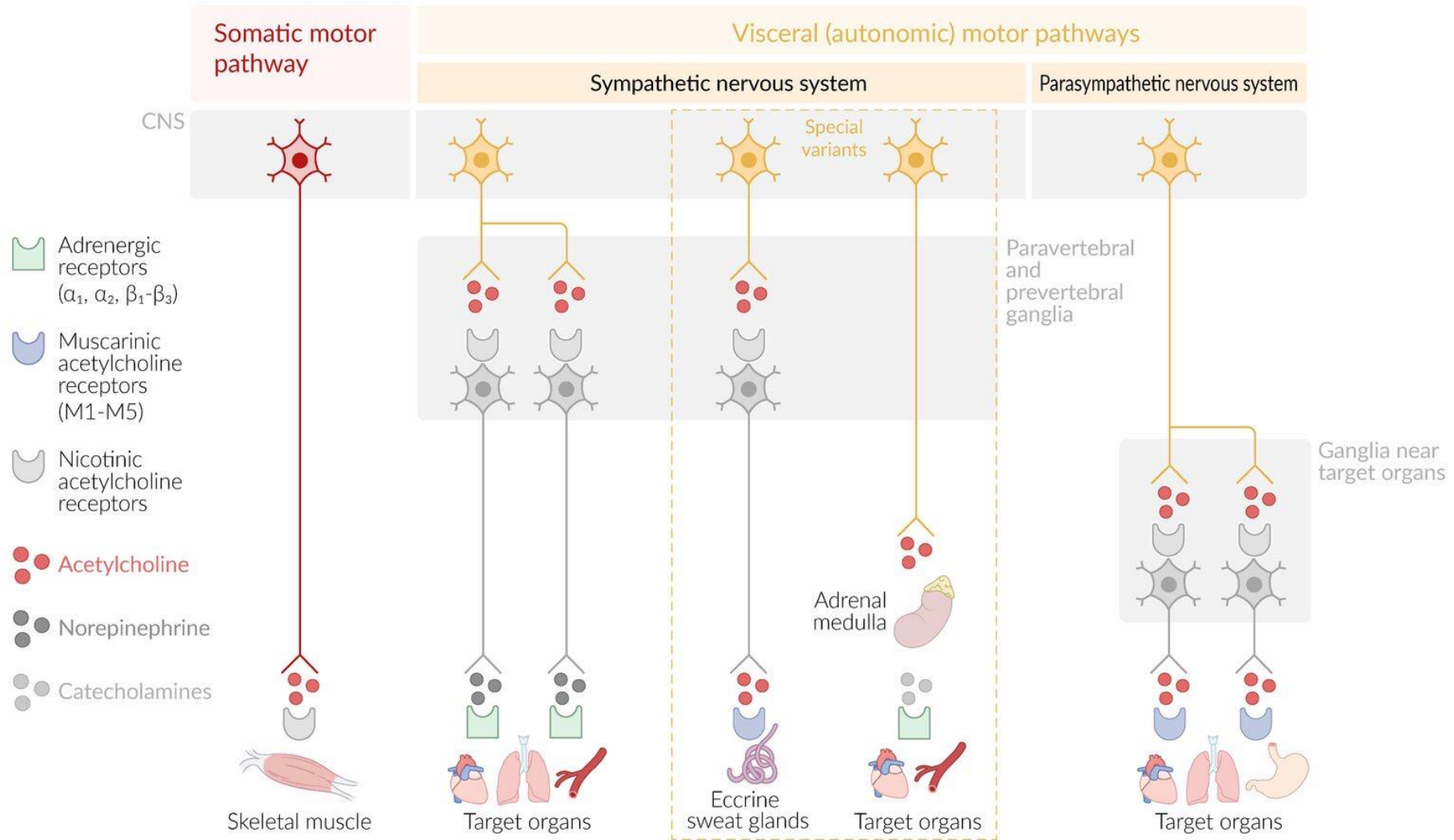


Parasympathetic system

Abdalrhman Froukh

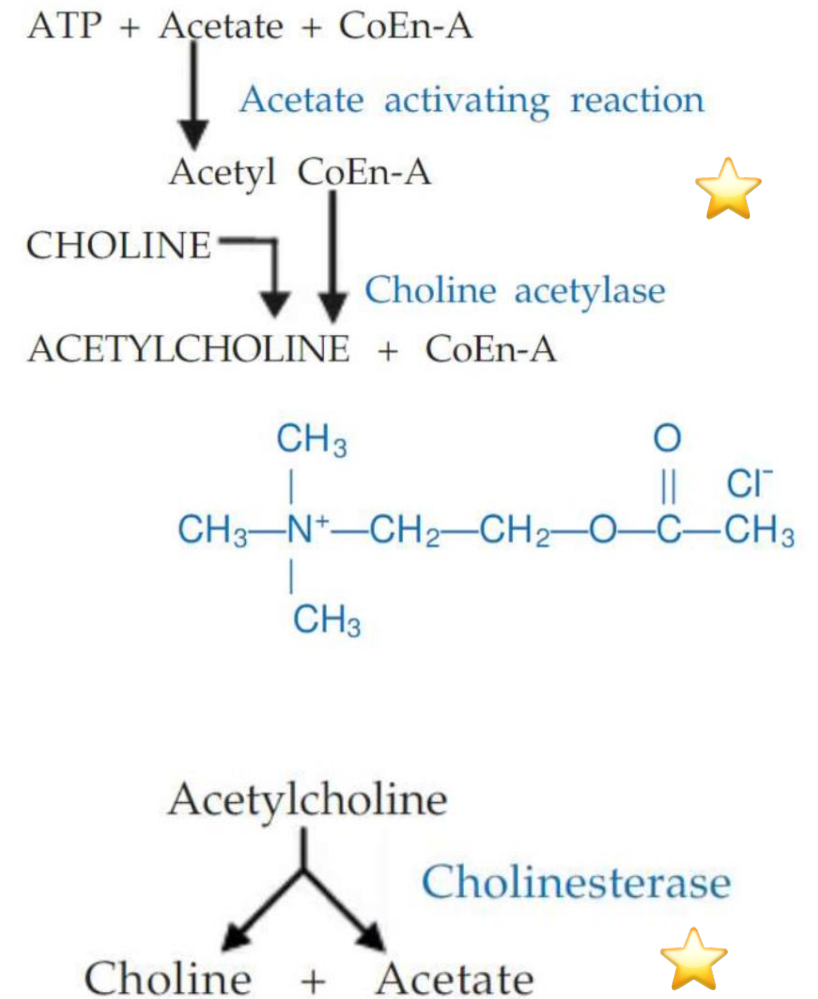


Synthesis and metabolism of ACh

Acetylcholine (ACh) is a major neurohumoral transmitter at autonomic as well as somatic sites.

Choline is actively taken up by the axonal membrane and acetylated with the help of ATP and coenzyme-A by the enzyme **choline acetylase**.

ACh is hydrolyzed by the enzyme **cholinesterase**, and choline is recycled immediately after release.



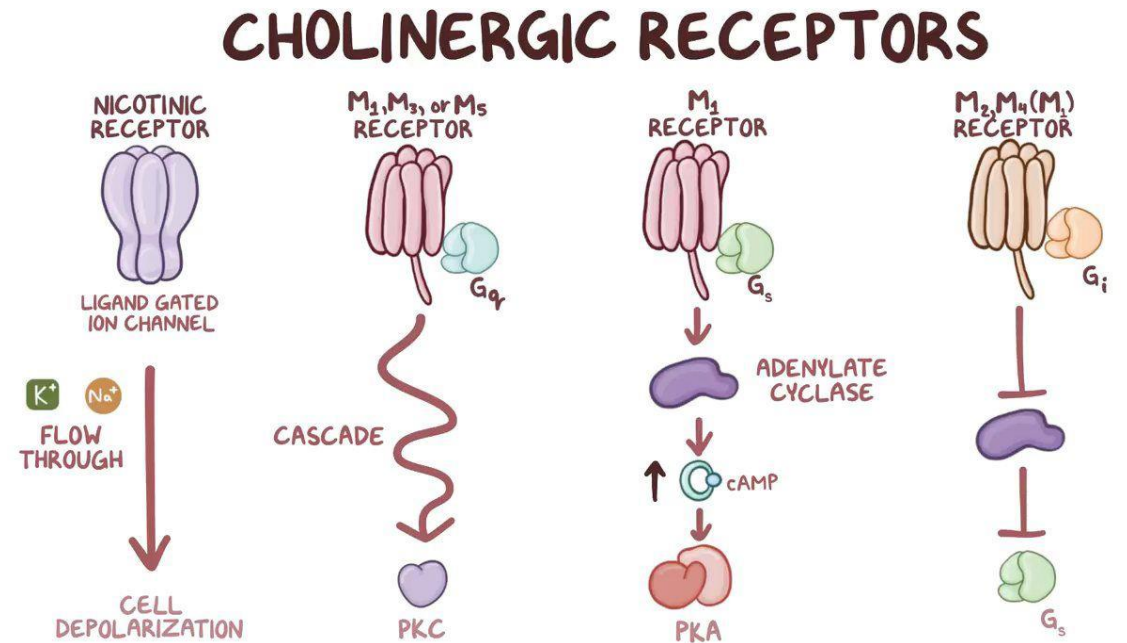
Cholinoceptors

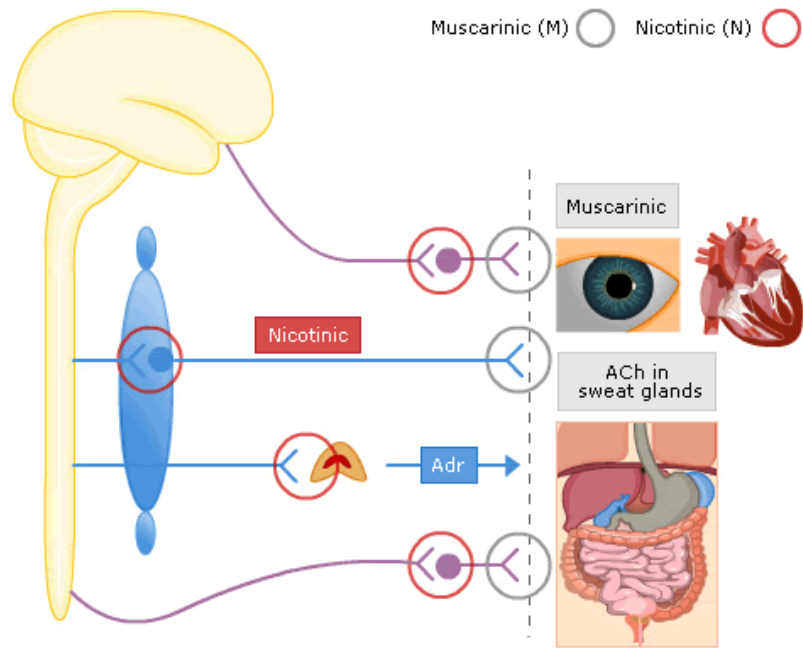
Two classes of cholinergic receptors are **muscarinic** and **nicotinic**.

Muscarinic receptors: These receptors are selectively stimulated by **muscarine** and selectively blocked by **atropine**.

They are located in the heart, blood vessels, eye and glands of the gastrointestinal, respiratory, and urinary tracts, sweat glands, and in the CNS.

The muscarinic receptors have been divided into 5 subtypes: **M₁**, **M₂**, **M₃**, **M₄**, and **M₅**





| M ₁ | M ₂ | M ₃ |
|--|---|--|
| <p>AUTONOMIC GANGLIA: depolarization, alters autonomic nerve messaging</p> <p>GASTRIC GLANDS: histamine release, acid secretion</p> <p>BRAIN: increase memory, attention, emotional responses</p> | <p>HEART: reduces heart rate, slows AV node conduction, reduces force of contraction</p> | <p>GI TRACT & GALLBLADDER: smooth muscle contraction</p> <p>PUPILS: regulates pupil constriction</p> <p>GLANDS: promotes eye, mouth, sinus, lung and skin lubrication</p> <p>BLOOD VESSELS: increases vasodilation</p> |

Muscarinic cholinceptors

The first 3 have been functionally characterized as following:

M₁: has a major role in mediating gastric secretion and relaxation of the lower esophageal sphincter caused by vagal stimulation.

M₂: Cardiac muscarinic receptors are predominantly M₂ and mediate vagal bradycardia.

M₃: Visceral smooth muscle contraction and glandular secretions are elicited through M₃ receptors.

Muscarinic actions

All blood vessels are dilated, though only a few (skin of face, neck) receive cholinergic innervation.

Smooth muscle contraction in most organs.

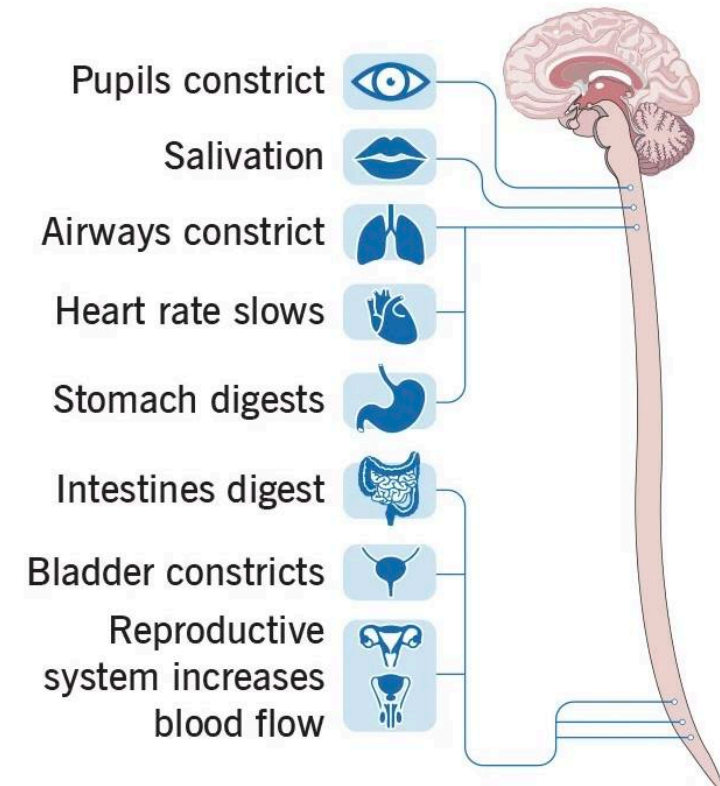
Secretion from all parasympathetically innervated glands is increased (sweating, salivation, lacrimation, and gastric secretion).

Bronchial muscles constrict (asthmatics are highly sensitive).

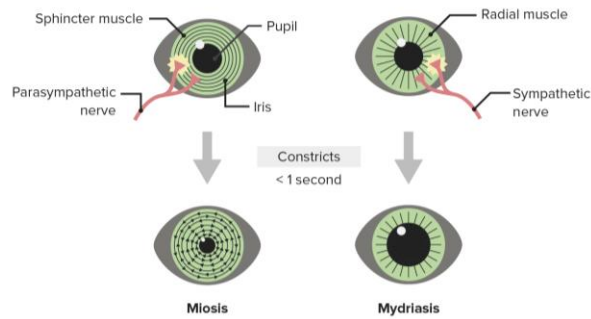
Contraction of circular muscle of iris → miosis.

Contraction of ciliary muscle → reduction in intraocular tension (especially in glaucoma patients).

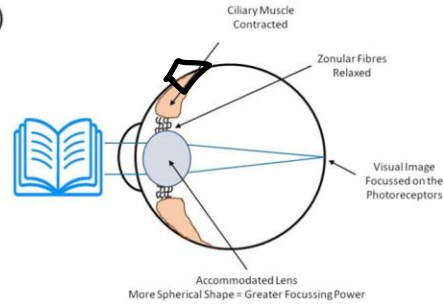
Parasympathetic Division



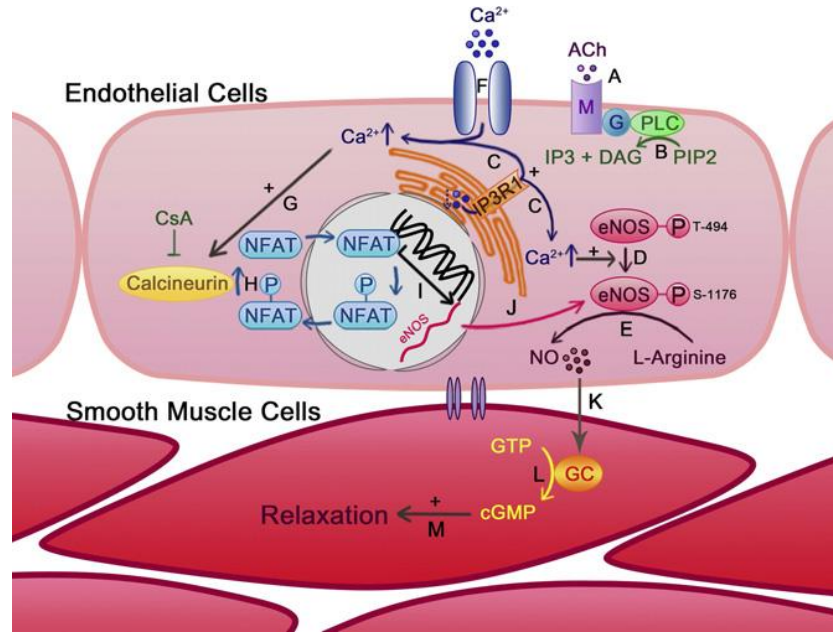
Eyes



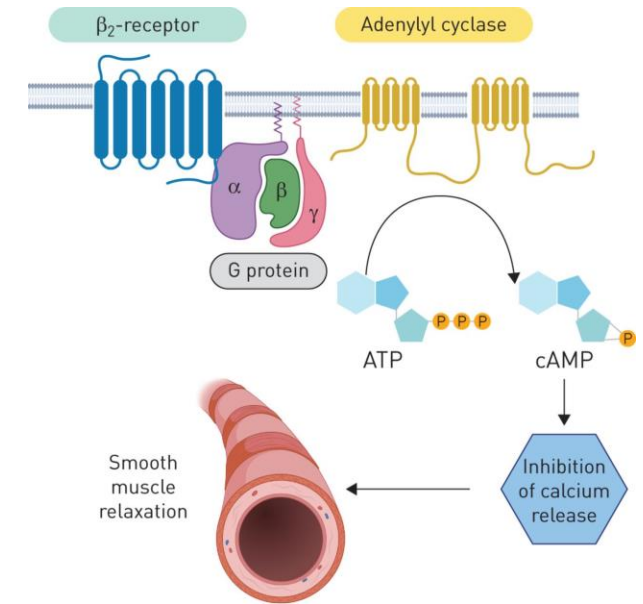
(a)



Blood Vessels



Smooth Vessels



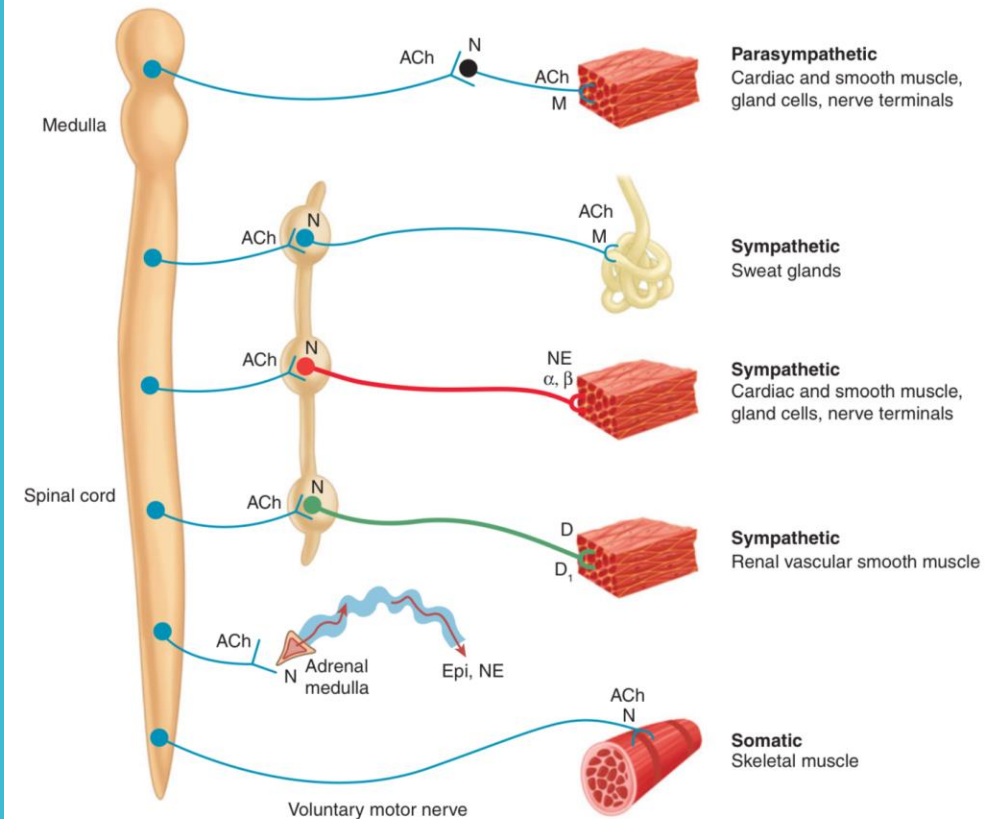
Muscarinic actions

Nicotinic receptors

Based on location and selective agonists and antagonists two subtypes:

Nm: are present in the skeletal muscle, mediate skeletal muscle contraction. They are selectively stimulated by **phenyl trimethyl ammonium (PTMA)** and blocked by **tubocurarine**.

Nn: are present on ganglionic cells of ANS, adrenal medullary cells, in the spinal cord and certain areas of the brain. They are selectively stimulated by **dimethyl phenyl piperazinium (DMPP)** and blocked by **hexamethonium**.



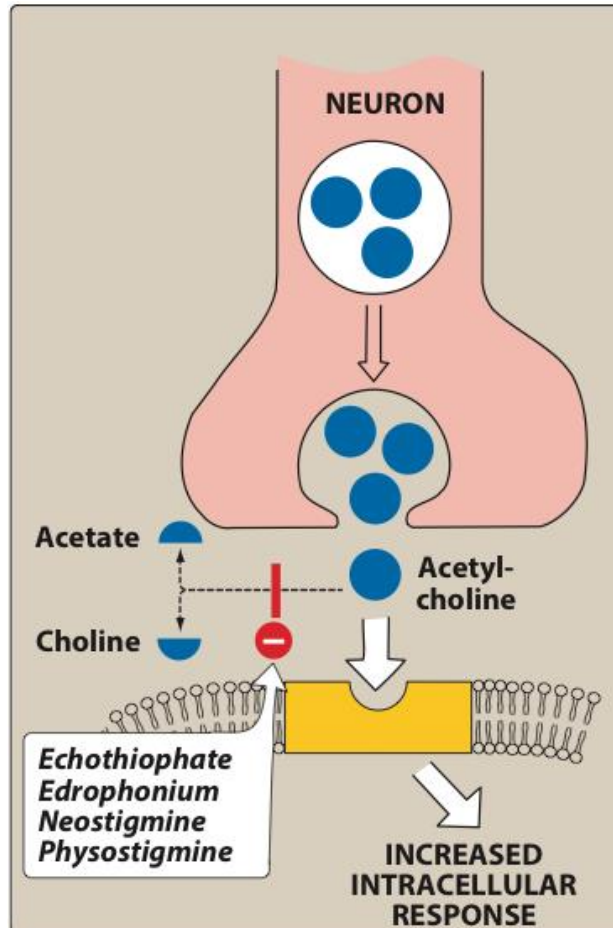
Nicotinic actions

- Autonomic ganglia:
- High dose ACh stimulates both sympathetic and parasympathetic ganglia causing tachycardia and a rise in BP.
- Skeletal muscles:
- ACh causes contraction of the skeletal muscle fiber.

Cholinergic drugs (Parasympathomimetic)

They act similarly to ACh, either:

- 1) **Directly** by interacting with cholinergic receptors (agonists).
- 2) **Indirectly** by increasing the availability of ACh (anticholinesterases).



CHOLINERGIC AGONISTS

Choline esters

Acetylcholine
Methacholine
Carbachol
Bethanechol



Alkaloids

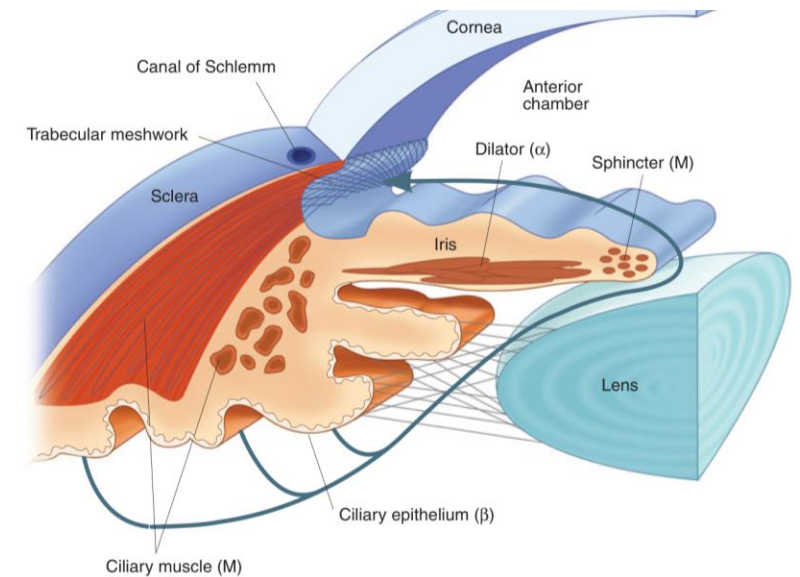
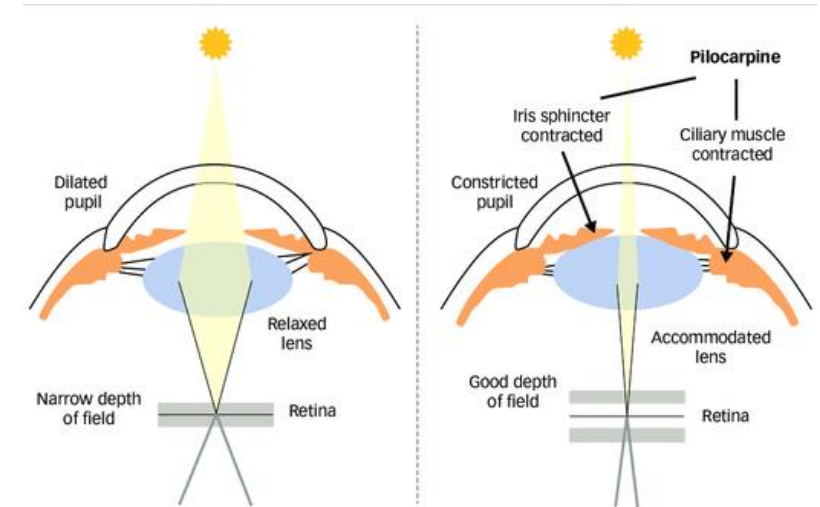
Muscarine
Pilocarpine
Arecoline

Cholinergic alkaloids

1. **Pilocarpine**: obtained from the leaves of *Pilocarpus microphyllus*. It has prominent muscarinic actions. It causes marked sweating, salivation.

Applied to the eye, it penetrates the cornea and causes miosis, ciliary muscle contraction, thus decreasing intraocular tension (i.o.t.) (lasting 4–8 h).

Used primarily in glaucoma (0.5–4% drops).



Cholinergic alkaloids

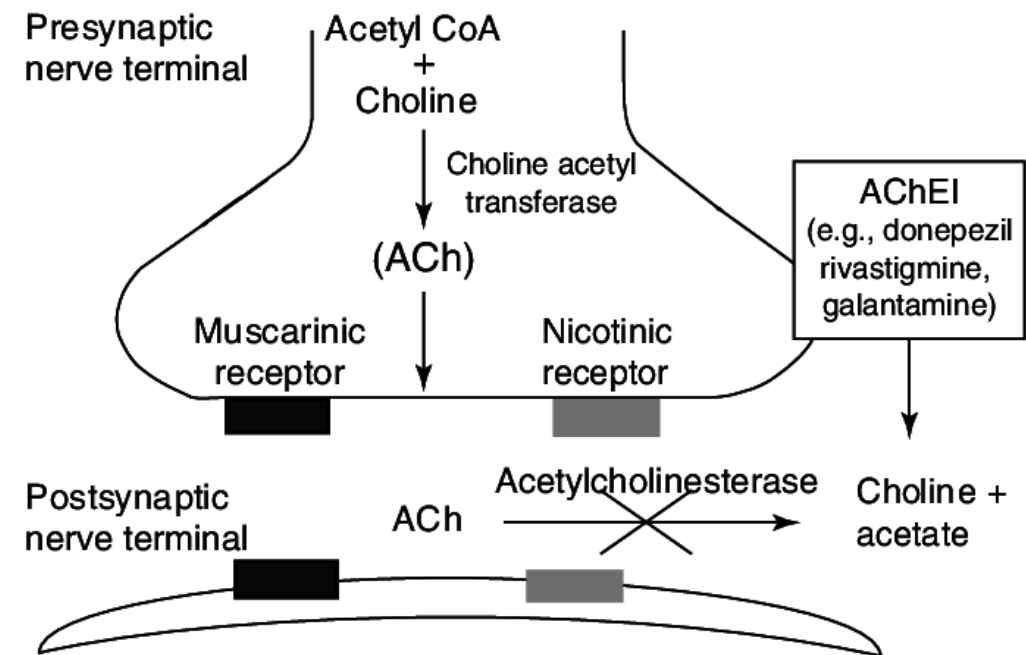
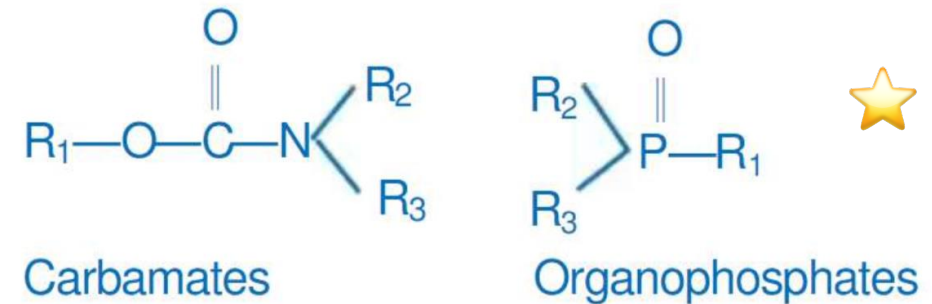
- 2. **Muscarine**: occurs in poisonous mushrooms *Amanita muscaria* and *Inocybe* species has only muscarinic actions.
- It is not used therapeutically. It is of toxicological importance in mushroom poisoning, Antidote is atropine.
- 3. **Arecoline**: found in betel nut *Areca catechu*.
- It has both muscarinic and nicotinic actions.
- Prominent CNS effects.

Anticholinesterases

Anticholinesterases (anti-ChEs) Agents which inhibit ChE thus protect ACh from hydrolysis → cholinergic effects.

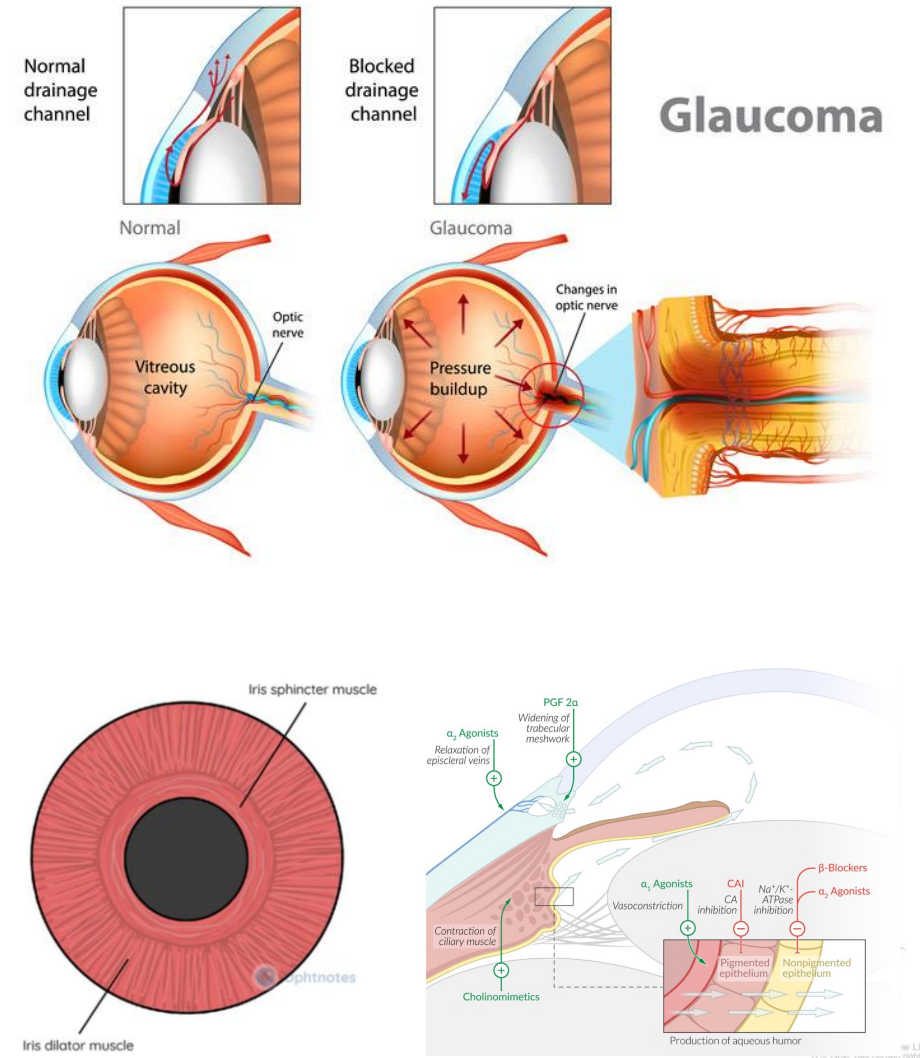
They have similar but more intense actions as directly acting cholinergic stimulants.

Anti-ChEs are either esters of **carbamic acid** or derivatives of **phosphoric acid**.



Therapeutic uses of anti-ChEs

- 1) **Glaucoma**: It is a progressive form of optic nerve damage associated with raised intraocular tension (IOT). Miotics like pilocarpine and physostigmine are used to: Lower intraocular tension.
- 2) **Reversal of Mydriasis**: To reverse the effect of mydriatic after refraction testing.
- 3) **Prevention of Adhesions**: To prevent adhesions between the iris and lens/ cornea.



Therapeutic uses of anti-ChEs

4) **Cobra bite**: To antagonize the action of cobra neurotoxin.

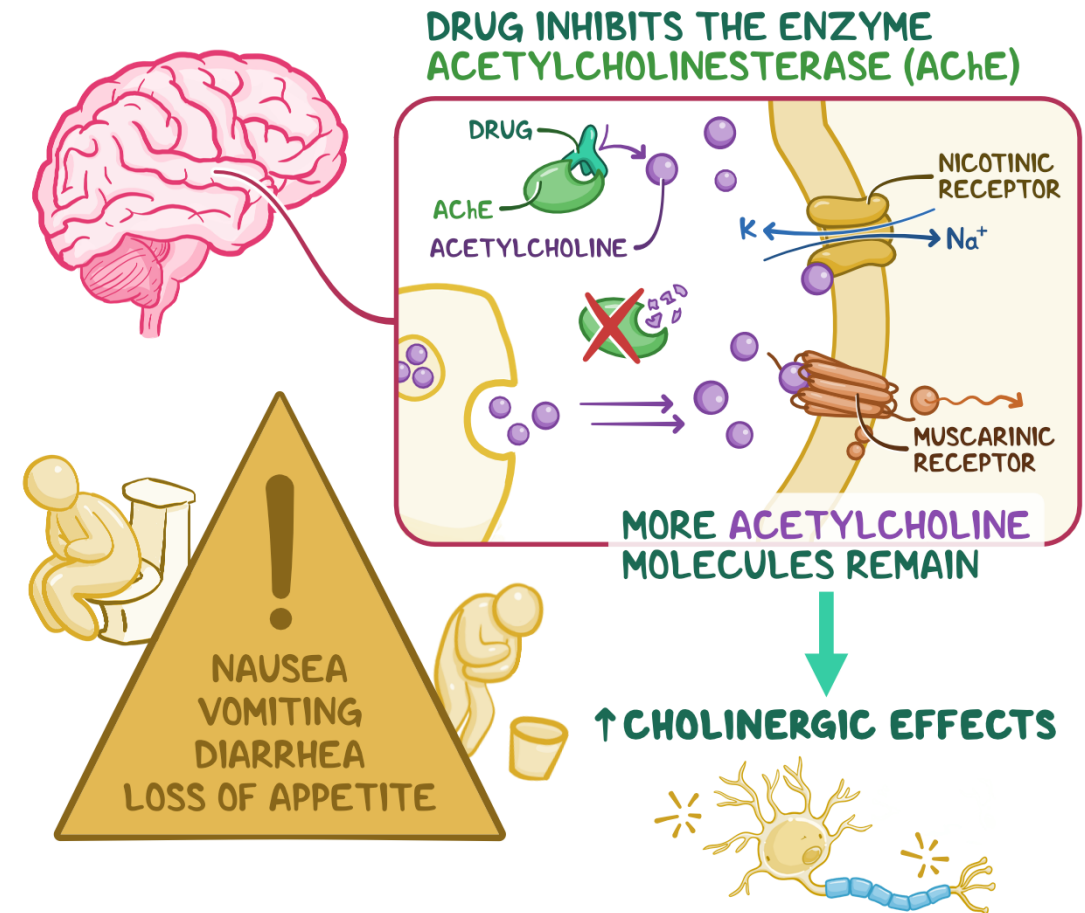
5) **Belladonna poisoning**: Physostigmine is the drug of choice for poisoning with atropine and other anticholinergic drugs.

6) **Alzheimer's disease**: a neurodegenerative disorder affecting primarily the cholinergic neurons in the brain.

The relatively cerebroselective anti-ChEs (Tacrine, rivastigmine, and donepezil) improve some symptomatic improvement.

CHOLINESTERASE INHIBITORS

ALZHEIMER'S DISEASE TREATMENT

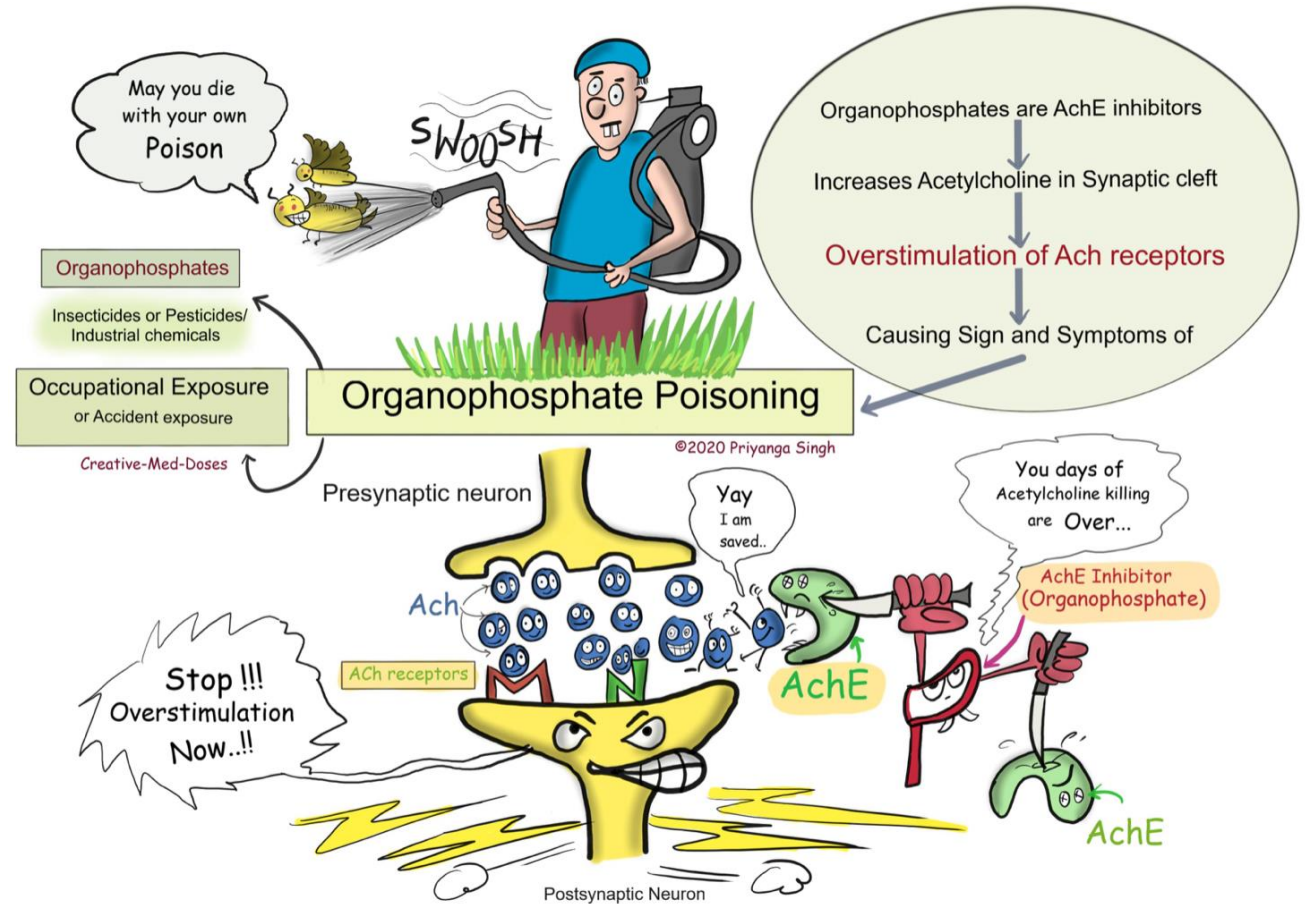


Anti-ChEs poisoning

Anti-ChEs are easily available and extensively used as agricultural and household insecticides.

Accidental as well as suicidal and homicidal poisoning are common.

Local muscarinic manifestations at the site of exposure (skin, eye, GIT) occur immediately, Followed by complex systemic effects due to muscarinic, nicotinic and central actions.



| | <i>Sympathetic</i> | <i>Parasympathetic</i> |
|--------------------------------|--|--|
| Origin | Dorso-lumbar (T ₁ to L ₂ or L ₃) | Cranio-sacral (III, VII, IX, X; S ₂ -S ₄) |
| Distribution | Wide | Limited to head, neck and trunk |
| Transmitter (neuroeffector) | Noradrenaline (major) Acetylcholine (minor) | Acetylcholine |
| Stability of transmitter | NA stable, diffuses for wider actions | ACh—rapidly destroyed locally |
| Important function | Tackling stress and emergency | Assimilation of food, conservation of energy |



Differences between sympathetic and parasympathetic divisions of the autonomic nervous system